

Montcalm County Classes

## Matter Of Balance Class



A MATTER OF  
BALANCE

MANAGING CONCERNS ABOUT FALLS

an award-winning program designed to manage falls and increase activity levels in older adults.

[read more](#)

Matter Of Balance Class

**Spectrum Health United Lifestyles**

**June 6th – August 2nd**

**1:00p - 3:00p**

Repeat every Wednesday

**Location:**

**Spectrum Health United  
Lifestyles**

407 S. Nelson St  
Greenville, MI

**Contact:**

phone(616) 754-6185

**Facilitator:**

Nancy Johnson

**Organization:**

Spectrum Health United  
Lifestyles

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