

Adult Day Services



Adult Day services provide care for older adults who are living with cognitive impairment. It is a non-residential placement for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals.

For Candace, caring for her husband Jack, Adult Day is the “pièce de résistance” on her caregiving journey. Jack has Pick’s Disease, a rapidly progressing frontotemporal dementia, that for him affects his language - his ability to find words, remember the meaning of them and express himself with them. As an avid reader and a lover of language and ideas, it is extremely frustrating to Jack to not be able to communicate the way he wants, therefore he frequently experiences agitation and frustration. Candace’s ability to utilize Adult Day services through SarahCare, offers her a few hours to herself each week. In addition to making appointments for herself and Jack and researching his disease, sometimes she also takes a nap. As Jack’s disease progresses, he sleeps less. Candace states, “I don’t know if I could keep doing it without being able to get a break every now and then.”



Candace VanderMuelen, Caregiver

While Adult Day services offer family caregivers much-needed respite, it also offers important help to the participant. Our Adult Day partners work to improve the overall well-being of participants with activities that address the social, intellectual, physical and emotional aspects of each individual, so they are able to remain in their own homes as long as possible.



Commission on Aging
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