



THERE'S NO PLACE LIKE
home.



2023 Older Americans Act Senior Services

Listed in this directory are a wide variety of services available to seniors in our 9-county region, consisting of **Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo and Osceola** counties, to help them stay in their home. Funding for most services comes from the state and federal dollars dedicated to older adult programs through the Older Americans Act (OAA). For general information on senior services, contact **AAAWM** at **(616) 456-5664** or **(888) 456-5664**.

ALLEGAN COUNTY:

ALZHEIMER'S ASSOCIATION

www.alz.org/gmc/

(616) 459-4558

Caregiver Education

Caregiver Support - Dementia Care Counseling

Caregiver Support - Early Stage Social Engagement (In person activities, in Grand Rapids)

AREA AGENCY ON AGING OF WESTERN MI

www.aaawm.org

(616) 456-5664

Care Management

Home Support

Information and Assistance

Options Counseling

Respite Certificates

(888) 456-5664

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED

www.abvimichigan.org

(616) 458-1187

Assistive Devices/Canes and magnifiers

Low-Vision Counseling

ATRIO HOME CARE

www.atriohomecare.org

(616) 796-3800

Homemaker

Respite

COMMUNITY ACTION OF ALLEGAN COUNTY

www.communityactionallegan.org **(269) 673-5472**

Assisted Transportation

DEMENTIA FRIENDS MICHIGAN

www.aaawm.org/dfmi

(616) 456-5664

One-hour informational session focused on dementia

ELDERS' HELPERS

www.eldershelpers.com









(616) 454-8305

Assistive Devices/Personal Emergency Response Systems (PERS)

(800) 466-8084

<p>EVERGREEN COMMONS </p> <p>Adult Day Services ADS Bathing Caregiver Support Group</p>	<p>www.evergreencommons.org</p>	<p>(616) 396-7100</p>
<p>KENT COUNTY ELDER ABUSE COALITION</p> <p>Elder Abuse Prevention Education</p>	<p>www.protectkentseniors.org</p>	<p>(616) 456-5664</p>
<p>LEGAL AID OF WESTERN MICHIGAN </p> <p>Legal Assistance</p>	<p>www.lawestmi.org</p>	<p>(616) 774-0672</p>
<p>LIFE THERAPEUTIC SOLUTIONS </p> <p>Caregiver Support/Healthy IDEAS</p>	<p>www.life-ts.com</p>	<p>(616) 215-0444 (800) 925-3152</p>
<p>LONG TERM CARE OMBUDSMAN</p> <p>Long Term Care Ombudsman</p>	<p>www.aaawm.org/ltco</p>	<p>(616) 245-9451 (866) 485-9393</p>
<p>MEALS ON WHEELS WESTERN MI </p> <p>Congregate and Home Delivered Meals</p>	<p>www.mealsonwheelswesternmichigan.org</p>	<p>(616) 459-3111</p>

IONIA COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling Caregiver Support - Early Stage Social Engagement (In person activities, in Grand Rapids)		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED 	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers Low-Vision Counseling		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
IONIA COUNTY COMMISSION ON AGING 	https://ioniacounty.org/health/commission-on-aging	(616) 527-5365 (888) 527-5365
Assisted Transportation Congregate Meals Engaging Wellness Programs Home Delivered Meals Homemaker Respite Senior Center Activities		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		

KENT COUNTY:

(Please see the [Kent County Senior Services Directory](#) for more services in Kent County)

LAKE COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
BALDWIN FAMILY HEALTH CARE	www.familyhealthcare.org	(231) 745-4624
Assistive Devices and Technology (Caretrak) Grandparent Support Group Respite Respite Bathing		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
ST. ANN'S SENIOR SERVICES		(231) 745-7201
Assisted Transportation Congregate Meals Engaging Wellness Programs Home Delivered Meals Homemaker		

MASON COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
DEMMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
LUDINGTON AREA SENIOR CENTER	www.ludington.mi.us/272/ Senior-Citizen-Center	(231) 845-6841
Engaging Wellness Programs Senior Center Activities		

LUDINGTON MASS TRANSIT AUTHORITY

Transportation

www.dialaridelmta.com

(231) 845-1231

MASON COUNTY SENIOR MEALS

Congregate Meals
Home Delivered Meals

[http://www.masoncounty.net/
other-agencies/council-on-aging/
scottville-area-senior-center.html](http://www.masoncounty.net/other-agencies/council-on-aging/scottville-area-senior-center.html)

(231) 757-4831

**MASON COUNTY CENTRAL SCHOOLS/
SCOTTVILLE SENIOR CENTER**

Assisted Transportation
Grandparents Raising Grandchildren
Homemaker
Respite

(231) 757-4705

MECOSTA COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
MECOSTA COUNTY COMMISSION ON AGING	www.mecostacounty.org/mcco	(231) 972-2884
Assisted Transportation Congregate Meals Engaging Wellness Programs Home Delivered Meals Homemaker Respite Respite Certificates Senior Center Activities		


MONTCALM COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
CLAY STREET CENTER 	www.claystreetcenter.org	(616) 835-9080
Adult Day Services		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
MONTCALM COUNTY COMMISSION ON AGING 	http://www.montcalm.org/ departments_services/ health_and_human_services/ commission_on_aging.php	(989) 831-7476
Assisted Transportation Congregate Meals Home Delivered Meals Homemaker Respite Respite Certificates		

NEWAYGO COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
BALDWIN FAMILY HEALTH CARE	www.familyhealthcare.org	(231) 745-4624
Grandparent Support Group Respite Respite Bathing		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
NEWAYGO COUNTY COMMISSION ON AGING	https://www.newaygocountymi.gov/departments/commission-on-aging	(231) 689-2100
Adult Day Services Assisted Transportation Congregate Meals Home Delivered Meals Homemaker		
WELLSPRING ADULT DAY SERVICES 	www.wellspringads.org	(231) 638-8786
Adult Day Services		

OSCEOLA COUNTY:

ALZHEIMER'S ASSOCIATION 	www.alz.org/gmc/	(616) 459-4558
Caregiver Education Caregiver Support - Dementia Care Counseling		
AREA AGENCY ON AGING OF WESTERN MI 	www.aaawm.org	(616) 456-5664 (888) 456-5664
Care Management Home Support Information and Assistance Options Counseling Respite Certificates		
ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED	www.abvimichigan.org	(616) 458-1187
Assistive Devices/Canes and magnifiers  Low-Vision Counseling		
DEMENTIA FRIENDS MICHIGAN 	www.aaawm.org/dfmi	(616) 456-5664
One-hour informational session focused on dementia		
ELDERS' HELPERS 	www.eldershelpers.com	(616) 454-8305 (800) 466-8084
Assistive Devices/Personal Emergency Response Systems (PERS)		
KENT COUNTY ELDER ABUSE COALITION	www.protectkentseniors.org	(616) 456-5664
Elder Abuse Prevention Education		
LEGAL AID OF WESTERN MICHIGAN 	www.lawestmi.org	(616) 774-0672
Legal Assistance		
LIFE THERAPEUTIC SOLUTIONS 	www.life-ts.com	(616) 215-0444 (800) 925-3152
Caregiver Support/Healthy IDEAS		
LONG TERM CARE OMBUDSMAN	www.aaawm.org/ltco	(616) 245-9451 (866) 485-9393
Long Term Care Ombudsman		
OSCEOLA COUNTY COMMISSION ON AGING	http://www.osceola-county.org/ residents/county_departments/ commission_on_aging/	(231) 734-5559
Assisted Transportation Congregate Meals Engaging Wellness Programs Home Delivered Meals Homemaker Respite Respite Certificates		

ADULT DAY SERVICES (ADS) Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

ADS & RESPITE BATHING SERVICES Provision of on-site shower or bathing services to ensure safety and dignity.

ASSISTIVE DEVICES & TECHNOLOGIES

A service that provides assistive devices and technologies which enable individuals to live independently in the community according to their preferences, choices and abilities. This service helps individuals to learn about and acquire devices, equipment and supporting technologies that assist in the conduct of activities of daily living

CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care Management identifies client needs and arranges for supportive services that maintain quality of life and independence as much as possible.

CAREGIVER EDUCATION, SUPPORT & TRAINING Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

COUNSELING Professional counseling services provided to older adults, and National Family Caregiver Support Program (NFCSP) eligible caregiver to prevent or treat problems that may be related to psychological and/or psychosocial dysfunction. The service is tailored to assist those with low vision or vision loss.

ELDER ABUSE PREVENTION EDUCATION Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

ENGAGING WELLNESS PROGRAMS These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Silver Sneakers, Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Healthy Eating for Successful Living.

GRANDPARENT SUPPORT GROUP Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

HEALTHY IDEAS (Identifying Depression, Empowering Activities for Seniors)

A community-based program offering a range of services for Caregivers including detecting depression, leisure education on self-management of depression symptoms and linking to community resources.

HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

INFORMATION AND ASSISTANCE General information and referral is provided, assisting individuals seeking a variety of community-based resources.

LEGAL ASSISTANCE Attorneys provide legal advice, counseling, and representation to low-income older adults.

LONG TERM CARE OMBUDSMAN Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

NUTRITION SERVICES:

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

RESPITE Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

SENIOR CENTER ACTIVITIES Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations. Transportation is provided by a variety of agencies.

TRANSPORTATION - PUBLIC One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

THERE'S NO PLACE LIKE
home.

For more information please contact:

Area Agency on Aging of Western Michigan

616-456-5664 or 888-456-5664

Fax: 616-456-5692

www.aaawm.org



[www.Facebook.com/AreaAgencyOnAging](https://www.facebook.com/AreaAgencyOnAging)



The Source for Seniors

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, and the Michigan Department of Health and Human Services.