



OPEN HOUSE

WEDNESDAY,
MAY 17

A three-part event focusing on wellness, advocacy, and senior resources! You can attend any, or all three, but please note the RSVP for lunch!

1 9 AM - 10 AM

Join us in the wellness room for coffee & conversation to learn about our Engaging Wellness programs!

- Take part in exercise demos!
- Meet our instructors
- Get info on class offerings & schedules
- Join our community and meet new friends

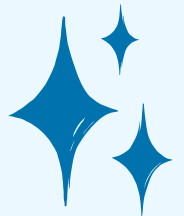


2 10 AM - 1 PM

SENIOR RALLY DAY & OPEN HOUSE

In conjunction with Older Michiganiaan's Day...

- Participate in exciting community advocacy
- Learn more about older adult resources available to you!
- Take action on meaningful senior priorities
- Enjoy games, a free lunch, and giveaways
- Watch the live stream from the state capital



3 LUNCH RSVP

If you want to be included in the free lunch at noon, you MUST RSVP by May 1st!

LOCATION

Area Agency on Aging of Western Michigan
3215 Eaglecrest Drive NE,
Grand Rapids, MI 49525

FOR LUNCH REGISTRATION & QUESTIONS



616-456-5664



Registration@aaawm.org