Join the Movement Become a Dementia Friend

Dementia Friends Michigan (DFMI) is a onehour informational session designed to help you understand how to better communicate and support those with dementia.

What you'll learn:

- Raise your awareness
- Learn dementia friendly practices
- How to take action in your community
- What it's like to live with the disease
- Effective communication and support

As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community

Upcoming Sessions*:

10:30 am - 12:00 pm Thursday, January 19, 2023- Zoom Thursday, February 16, 2023- In-Person Thursday, March 16, 2023- Zoom Thursday, April 20, 2023- In-person



Over 6 million

people live with dementia in the U.S.



2017

DF program was established in Michigan



More than 2,000

current Dementia Friends in Michigan

Source: Dementia Friends USA

Registration Required!

Online at www.aaawm.org/dfmi

Email: Registration@aaawm.org

*Sessions are taking place via Zoom or in-person at 3215 Eaglecrest Drive NE, Grand Rapids, MI. This will follow an every-other-month pattern indicated next to each month.

A program of the Area Agency on Aging of Western Michigan