

# Join the Movement Become a Dementia Friend



Dementia Friends Michigan (DFMI) is a one-hour informational session designed to help you understand how to better communicate and support those with dementia.

## What you'll learn:

- Raise your awareness
- Learn dementia friendly practices
- How to take action in your community
- What it's like to live with the disease
- Effective communication and support

## As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community

## Upcoming Sessions\*:

10:30 am - 12:00 pm

Thursday, January 20, 2022

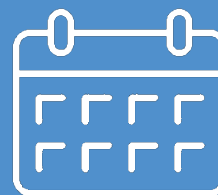
Thursday, February 17, 2022

Thursday, March 24, 2022



## Over 5 million

people live with dementia in the U.S.



## 2017

DF program was established in Michigan



## More than 2,000

current Dementia Friends in Michigan

*Source: Dementia Friends USA*

*Registration Required!*

Register online at [www.aaawm.org/dfmi](http://www.aaawm.org/dfmi)

Call (616) 456-5664 or  
Email: [registration@aaawm.org](mailto:registration@aaawm.org)

*\*Currently taking place via Zoom*