## Join the Movement Become a Dementia Friend

Dementia Friends Michigan (DFMI) is a onehour informational session designed to help you understand how to better communicate and support those with dementia.

## What you'll learn:

- Raise your awareness
- Learn dementia friendly practices
- How to take action in your community
- What it's like to live with the disease
- Effective communication and support

## As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community

## **Upcoming Sessions\*:**

10:30 am - 12:00 pm

Thursday, May 19, 2022

Thursday, June 16, 2022

Thursday, July 21, 2022





people live with dementia in the U.S.



2017

DF program was established in Michigan



More than 2,000

current Dementia Friends in Michigan

Source: Dementia Friends USA

Registration Required!

Register online at www.aaawm.org/dfmi

Call (616) 456-5664 or Email: registration@aaawm.org

\*Currently taking place via Zoom