



# Become a Dementia Friend

*Raise your awareness \* Learn dementia friendly practices \* Take action in your community*

## Join us for a VIRTUAL Dementia Friends Session

**Would you like to learn more about dementia, how it affects people, and what actions you can take to make a difference for people living with dementia?**

We'll be hosting regular Dementia Friends sessions on the ***last Thursday of the month at 10:30 am via Zoom***. In a session you'll learn how to recognize signs of dementia, how to effectively interact with people living with dementia, and how you can make our community a friendly place through your daily work and community interactions by supporting people with dementia.

### **Upcoming Sessions | 10:30 am via Zoom**

**Thursday, January 28**  
**Thursday, February 25**  
**Thursday, March 25**

**Thursday, April 29**  
**Thursday, May 27**  
**Thursday, June 24**

### **Registration Required:**

Email your name and title/date of this training to [registration@aaawm.org](mailto:registration@aaawm.org). You will receive a confirmation email with the meeting link and session materials.