

Join the Movement Become a Dementia Friend

Dementia Friends Michigan (DFMI) is a one-hour informational session designed to help you understand how to better communicate and support those with dementia.

What you'll learn:

- Strategies for effective communication
- Early warning signs & symptoms
- What it's like to live with dementia
- How to connect with local resources
- There's more to the person than their dementia

As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community

Upcoming Sessions*:

10:30 am - 12:00 pm | Thursdays

December 11, 2025 (In-Person)

January 15, 2026 (Virtual)

February 5, 2026 (In-Person)

March 19, 2026 (Virtual)

Registration Required!

Online at www.aaawm.org/dfmi

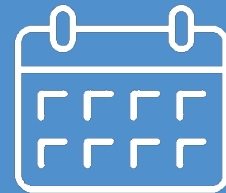
Phone: (616) 456-5664

**Sessions are taking place via Zoom or in-person at 3215 Eaglecrest Drive NE, Grand Rapids, MI. This will follow an every-other-month pattern indicated next to each month.*



Over 6 million

people live with dementia in the U.S.



2017

DF program was established in Michigan



More than 3,800

current Dementia Friends in Michigan

Source: Dementia Friends USA