

Area Agency on Aging of Western Michigan



The Source For Seniors

**3215 EAGLECREST DR NE
GRAND RAPIDS, MI 49525**

616-456-5664



OUR HISTORY

AAA's were created in 1974 by the Older Americans Act with the mission of creating home and community-based services to maximize the independence and dignity of older adults. AAA's are a nationwide network of nonprofit agencies, created by Congress to be one-stop shops with information about programs, services, and housing options.



OUR MISSION

Area Agency on Aging of Western Michigan (AAAWM)'s mission is to provide older adults and adults living with a disability an array of services designed to promote independence and dignity in their homes and their communities.



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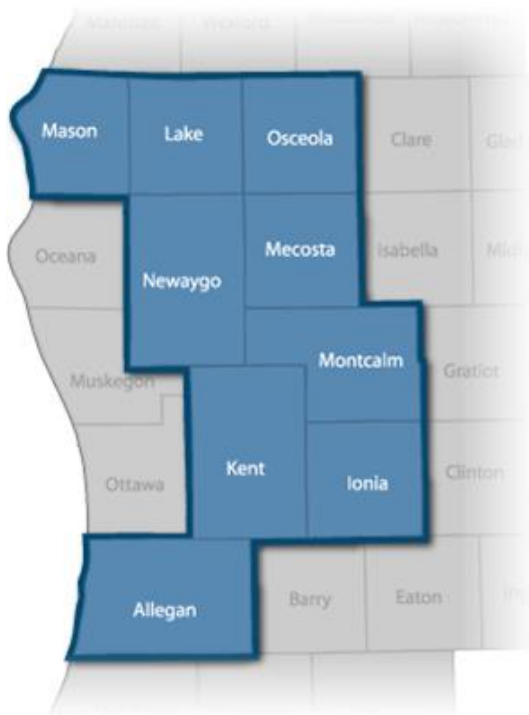
FUNDING

AAAWM is a 501(C)(3) nonprofit organization. Services are funded through Michigan Department of Health and Human Services, the Michigan Aging & Adults Services Agency, and the Kent County Senior Millage.



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Area Agency on Aging of Western Michigan



**ALLEGAN
IONIA
KENT
LAKE
MASON
MECOSTA
MONTCALM
NEWAYGO
OSCEOLA**



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Information and Assistance



616-456-5664



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Community Transition Services

**Housing
Specialist on
staff**

- **Eligible for Medicaid**
- **Reside in a nursing facility**
- **Desire to return to the community**
- **Facing barriers to the return**



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Community Transition Services



- **Assessment completed with individual to determine what barriers they have to returning to the community.**
- **Common barriers include: need for independent housing, need for placement in more supportive setting, need for ramps, need for care at home.**
- **Referrals made on their behalf to meet those needs.**
- **Transition program has funds available to address certain barriers**

Community Transition Services



TIMEFRAMES:

- **MAKE A REFERRAL AS SOON AS THERE IS A NEED IDENTIFIED OR EVEN IF THERE IS JUST UNCERTAINTY.**
- **HAVE TWO WEEKS TO ASSESS.**
- **DOES TAKE TIME TO IDENTIFY SERVICES AND ARRANGE FOR CARE IN THE COMMUNITY.**
- **HOUSING OFTEN HAS WAITLISTS AND IT CAN BE DIFFICULT TO OBTAIN DOCUMENTS TO START APPLICATION PROCESS.**

Community Transition Services



- **Follow along and support**
- **Transition Navigator remains involved throughout the process**
- **Collaborates with informal supports and nursing home staff**
- **Assists with discharge planning and ensuring that the plan is followed through on**
- **Continued involvement for 30 days post discharge**
- **Individuals might have other supportive programs in place post discharge that would be ongoing.**

Community Options Counseling

One-time visit to discuss resources in the community

Must:

- Be living in a nursing facility
- Express a desire to explore options



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Choices for Independence

One-time visit to discuss resources in the community

Must:

- Be 60+
- Have a difficult time taking care of needs
- Desire to stay in their home



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Care Management



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Qualifications:

- Age 60+
- Reside in independent setting
- Be under asset limitations for purchased services
- Need for assistance
- Need for ongoing management of care

Care Options Include:

- Housekeeping
- Personal Care
- Respite
- Supports Coordination



MI Choice Medicaid Waiver



Is a Medicaid-funded long-term care program to help individuals live in the most independent setting possible (independent home or assisted living)

Qualifications:

- 18-64 years old with certified disability or 65+
- Eligible for long-term care Medicaid
- Monthly income below \$2,382 (gross amount)
- Meets nursing home level of care criteria
- Has ongoing need for services



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MI Choice Medicaid Waiver

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Adult day health

**Community living
supports**

Counseling

**Fiscal intermediary
services**

**Home delivered
meals**

Home modification

**Medical equipment &
supplies**

**Medication
management**

Nursing services

**Personal emergency
response system**

Respite care

Residential services

Transportation

**Supports
Coordination**



Kent County Senior Millage

The Kent County Senior Millage

BY THE NUMBERS

2021 = **\$12,181,407**
Services Funding

34
Agency Contracts

56
Unique Services
Funded

26
Purchase of Service
Agreements

Over 50%

Goes to Priority Services

These are services for the most vulnerable older adults to help maintain their care and independence in their own homes.



Adult Day



Home Delivered Meals



In-home Care



Transportation

Eligibility Requirement

- Kent County resident and 60 years of age or older
- Donations accepted and some cost sharing is required

History of the KCSM

- Voters approved a renewal and an increase in August 2014
- Services originally started in 1999
- Current 8 year millage - ½ of a mill for 2015-2022

Additional Support

- KCSM partners have worked to provide additional support to seniors and their caregivers during the coronavirus pandemic
- This has included the delivery of essential items and wellness check phone calls

Other Services

Other services funded through the KCSM include: care management, home repair, home support, outreach and assistance, adaptive equipment, healthy aging classes, dental, vision, and hearing services, home chore, and senior center staffing.



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**Kent County
Senior Millage**



ADMINISTERED BY THE AREA AGENCY ON AGING OF WESTERN MICHIGAN

Kent County Senior Millage

COVID-19

Senior Support Service

Providing additional support for older adults and their family caregivers during this crisis.

Step 1

Contact us at (616) 456-5664 to get connected to our network of Kent County Senior Millage service partners.

Step 2

Gain access to resources that support seniors and their caregivers or opt-in for wellness checks via phone.

Step 3

Once your needs have been determined, KCSM partners will bring essential items to you or your loved one*.

*Senior Millage services are available to Kent County residents age 60+



aaainfo@aaawm.org

www.aaawm.org



facebook.com/AreaAgencyOnAging



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Older Americans Act



- Funding comes primarily from the Federal Older Americans Act and the State Older Michiganians Act.
- In FY 21 (October 1, 2020 through September 30, 2021) we have full contracts with 29 service partners throughout the nine-county region
- We awarded \$7,522,248 to provide services such as: Adult Day Care, Caregiver Support programs, Home Delivered Meals, Homemaker, Outreach & Assistance and Transportation.

Long Term Care Ombudsman



MLTCOP

**MICHIGAN LONG TERM CARE
OMBUDSMAN PROGRAM**



<https://mltcop.org/>

**Contact Region 8 Local
Long Term Care
Ombudsman Staff**

**Call: 616-245-9451
or 866-485-9393**

miombudsman@gmail.com



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Kent County Elder Abuse Coalition



- Working together to identify, advocate, educate, and seek justice for vulnerable adult abuse
- Group of professionals representing profit, nonprofit, and government agencies including law enforcement, KC prosecutor, LTCO, APS, health dept, social services
- www.ProtectKentSeniors.Org



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Kent County Elder Abuse Coalition



It is estimated

90,000

Michigan seniors are victimized annually

How to report suspected abuse and neglect:

A few Warning Signs to look out for:

- Unexplained or frequent bruises or injuries
- Torn or dirty clothing
- Not socializing or the caregiver won't allow family or friends to visit
- Sudden changes in banking or spending patterns

If you suspect abuse or neglect, call APS. If abuse is taking place in a licensed long-term care facility, be sure to call the Michigan Long-Term Care Ombudsman.

Adult Protective Services:

1-855-444-3911

Long-Term Care Ombudsman:

1-866-485-9393

For More Information:

Area Agency on Aging of Western Michigan

616-456-5664 | www.aaawm.org

Federal Trade Commission

www.FTC.gov

Michigan Attorney General

www.michigan.gov

Kent County Elder Abuse Coalition

Protect Kent Seniors



MISSION

About the Coalition

The *Kent County Elder Abuse Coalition* is a large group of agencies representing non-profit, profit, and government organizations including:



The Source for Seniors

The coalition meets monthly to discuss current older adult and vulnerable adult cases in Kent County.

About Elder Abuse

Elder abuse refers to the intentional or negligent acts by a caregiver or trusted individual that causes harm to a vulnerable adult. Elder abuse can take many forms including:



PHYSICAL ABUSE



EMOTIONAL ABUSE



FINANCIAL EXPLOITATION



(SELF) NEGLECT



SEXUAL ABUSE

Be Part of the Solution

SCHEDULE AN OUTREACH PRESENTATION

The coalition offers elder abuse presentations to groups, agencies, and organizations on a variety of elder abuse-related topics and we can tailor the presentation to your needs. Our most frequently requested presentations include:

- Elder Abuse 101
- Scams
- Caregivers and Elder Abuse

The presentations are offered throughout Region 8, which covers the following counties: Allegan, Ionia, Kent, Mecosta, Montcalm, Lake, Newaygo, Mason, and Osceola.

Call 616-456-5664 or visit www.protectkentseniors.org to request a presentation.

Caregiver Resource Network



The Caregiver Resource Network (CRN) is a collaboration of more than 100 organizations. The CRN recognizes that family caregivers provide the majority of care that helps family members stay in their own homes. The goal of the CRN is to help family caregivers by providing education, services and resources to help them along their journey. The CRN meets on a bi-monthly basis. Our meeting time allows for professionals to network, have an education opportunity, and share about their upcoming activities.

Family Caregiver University (FCU) is a once a month educational class for family caregivers. Topics covered in the Family Caregiver Classes are broad, and cover many issues that the caregivers are facing. Many of the presenters for the Family Caregiver University Classes are members of the Caregiver Resource Network.

Diversity Academy programs happen 2-4 times a year. Topics for classes are based upon interest from the community. Some of the topics that have been tackled in the past include: "Caring for Veterans", "Caring for the LGBTQ community." The CRN Continues to offer these classes in order to best serve the diverse population of clients in our area.

Transportation



- RideLink is a collaboration of transportation providers who transport adults, 60 and older, to various destinations throughout Kent County.
- The providers are: Hope Network, Kent County Community Action, The Rapid, Senior Neighbors and United Methodist Community House.
- RideLink is funded by the Kent County Senior Millage, which supplements the cost of the service. There is a suggested donation of \$2 each way.
- RideLink providers pride themselves on allowing older adults to travel to a multitude of destinations within Kent County.
- These places include: doctor appointments, shopping trips and recreational visits.
- To register you will need to fill out a form which is accessible at www.ridelinkkent.org or www.ridetherapid.org. If you would like the form mailed to you, you can call the RideLink call center at 616-774-1288 or 866-425-3848

Conquering the Kitchen



HANDS ON COOKING CLASSES FOR OLDER ADULTS

- Meal Planning, Staying on a Budget, Using Leftovers
- Vegetarian and Meat versions
- Offered 1-2 times a year
- Small class sizes



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Eaglecrest Healthy Aging

- Programs are offered throughout West Michigan to encourage older adults to stay healthy and be active.
- Classes are open to those ages 60 and over in a fun and relaxed environment.
- Include both physical activity and health education.
- SilverSneakers and Silver&Fit certified fitness facility



CLASSES OFFERED

- Arthritis Foundation Exercise
- Tai Chi
- Arthritis Foundation Aquatic Program
- A Matter of Balance
- EnhanceFitness
- SilverSneakers Circuit
- Yoga
- Nutrition Classes
- Diabetes PATH

Coming Soon:

Active Living Every Day

Michigan Medicaid/Medicare Assistance Program (MMAP)



Statewide volunteer program offering free and unbiased education and assistance with Medicare/Medicaid for beneficiaries, their families, caregivers, and professionals.

- Education on Medicare and Medicaid programs
- Prescription drug plan/Medicare Advantage review and enrollment
- Medicare appeals
- Medicare Supplements/“Medigap” plans
- Claims and billing resolution assistance
- Enrollment for low income assistance programs
- Medicare fraud and abuse
- Medicare education presentations



(800) 803-7174

ADVOCATES *for* Senior Issues



Health care
that promotes early
diagnosis and uses dementia
care best practices along the
care continuum

Residential
settings that offer
memory loss services
and supports

Dementia-aware
and responsive legal and
financial planning

Welcoming and
supportive faith
communities

Businesses
with dementia-
informed services and
environments for customers
and employee caregivers

Dementia-
friendly public
environments and
accessible transportation

Dementia-
aware local
government services,
planning and emergency
responses

Supportive
options for
independent living and
meaningful community
engagement



Dementia Friends

Stay Connected!



www.aaawm.org

www.facebook.com/AreaAgencyOnAging

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(616) 456-5664

(888) 456-5664

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