There's no place like *home*.





2024 Kent County Senior Services

Listed in this directory are services available to Kent County seniors to help them stay in their homes. The services are categorized by type and described within each section. Funding for most services comes from the Kent County Senior Millage (KCSM). For general information, contact AAAWM at 616-456-5664 or 888-456-5664.

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Nutrition Services	Access to nutritious meals and groceries for eligible participants.	10-11
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Transportation	Access to assisted or public transport and trips.	9

Adaptive & Mobility Equipment

Assistive technology and equipment, like hearing aids, and mobility equipment, such as walkers, lifts, scooters, and wheelchairs.

Partner	Description	Contact Info:
Disability	The temporary loan of <u>assistive</u>	p: 616-949-1100
Advocates	technology, adaptive	www.dakc.us
of Kent	equipment, or other aids for	
County	client's use.	
Deaf and	Assistance in obtaining <u>hearing</u>	p: 616-732-7358
Hard of	aids including an exam and	www.deafhhs.org
Hearing	fitting.	
Elders'	Provides clients with an	p: 616-454-8305
Helpers	electronic system that assures	www.eldershelpers.com
	communication and emergency	
	assistance.	
Renew	Gently used mobility equipment	p: 616-493-2620
Mobility	such as walkers, lifts, scooters,	www.renewmobility.org
	power <u>wheelchairs</u> and manual	
	wheelchairs for the personal	
	use of a client.	

Money Management & Guidance

Bill payment services, debt management assistance, finance issue resolution and emergency need funds.

Partner	Description	Contact Info:
Senior Neighbors	Limited emergency assistance for one-time events such as	p: 616-459-6019 www.seniorneighbors.org
Kent County Community Action	utility shut-offs, moving assistance and emergency prescription assistance.	p: 616-632-7950 www.accesskent.com
Senior Neighbors	Bill payment services, budgeting, debt management and finance issue resolution provided by accountants to low-income seniors.	616-459-6019 www.seniorneighbors.org

Resources that help with activities of daily life such as bathing, personal care, medication management and laundry.

Partner	Description	Contact Info:
Elders'	Medication management	p: 616-454-8305
Helpers	program to <u>ensure</u>	www.eldershelpers.com
	medications are	
	appropriate and	
	physician's orders are	
	followed.	
Area	Assessments to identify	p: 616-456-5664 or 888-456-5664
Agency on	needs and arrange for	www.aaawm.org
Aging of	supportive services like	
Western MI	light housekeeping,	
Reliance	personal care, meals, and	p: 616-956-9440 or 800-447-3007
Community	respite.	www.relianceccp.org
Care		
Partners		

Caregiver Support

Programs that positively benefit those in the role of a caregiver.

Partner	Description	Contact Info:
Senior	Trains and <u>provides a</u>	p: 616-459-6019
Neighbors	stipend for low-income	www.seniorneighbors.org
	seniors to care for other	
	older adults who are	
	homebound, frail or who	
	have mental and/or	
	physical disabilities.	
Area	Respite certificates	p: 616-456-5664 or 888-456-5664
Agency on	available for unpaid	www.aaawm.org
Aging of	caregivers. Certificates	
Western	can be used for in-home,	
Michigan	overnight, and adult day	
Alzheimer's	services.	p: 800-272-3900
Association		www.alz.org/gmc/

SarahCare Knapps' Corner Senior Neighbors		p: 616-364-8600 www.sarahcare.com/knappscorner p: 616-459-6019 www.seniorneighbors.org
SarahCare Knapps' Corner	Adult Day Center that cares for functionally impaired adults during the day. This service provides socialization, exercise, and personal care. On-site shower or bath focused on safety and dignity.	p: 616-364-8600 www.sarahcare.com/knappscorner
Alzheimer's Association	Program and support groups for caregivers to help learn about Alzheimer's and dementia.	p: 616-956-9440 www.alz.org/gmc/
Dementia Friends Program	Educational program to change the way people think, act, and talk about dementia.	p: 616-456-5664 www.aaawm.org/dfmi
Family Caregiver University	Programs and classes that provide assistance to caregivers in understanding and coping with issues associated with caregiving.	p: 616-456-5664 www.caregiverresource.net
Life Therapeutic Solutions	Range of service for caregivers including detecting depression and linking to community resources.	p: 616-215-0444 <u>www.life-ts.com</u>

Dental & Vision Services

General dental and vision services, we well as support and counseling for those undergoing vision loss.

Partner	Description	Contact Info:
Cherry	General dental services, root	p: 616-965-8317
Health	canal treatment, and complete	www.cherryhealth.org
(Dentures	or partial dentures for	
Only)	uninsured or underinsured	
Exalta	older adults. Sliding scale	p: 616-475-8446
Health	payment required.	www.exaltahealth.org
Association	Professional staff including	p: 616-458-1187 or
for the	optometrists and rehabilitation	800-466-8084
Blind and	teachers provide <u>eye exams</u>	www.abvimichigan.org
Visually	and develop a treatment plan	
Impaired	to help clients maximize the	
Cherry	use of their sight.	p: 616-776-2135
Health		www.cherryhealth.org

Housing

Fair housing services, housing coordination and foreclosure intervention.

Partner	Description	Contact Info:
Fair	Education, outreach,	p: 616-451-2980
Housing	reasonable accommodation	www.fhcwm.org
Center of	assessments, and <u>services</u>	
West	related to Housing Laws and	
Michigan	Ordinances.	
Senior	Assistance for seniors in need	p: 616-459-6019
Neighbors	of housing interventions to	www.seniorneighbors.org
	prevents homelessness such	
	as help maintaining current	
	housing or help finding new	
	housing.	
Home	Full assessment of mortgage or	p: 616-241-2601
Repair	property tax delinquency and	www.homerepairservices.org
Services	exploration of the options to	
	prevent home loss.	

Healthy Aging Programs

Options for activities that assist in wellness including physical activity, therapy, counseling, senior center programs, and socialization.

Partner	Description	Contact Info:
Area Agency on	Engaging Wellness classes	p: 616-588-2580
Aging of	designed to be an effective	www.aaawm.org/ew
Western	tool in improving the health	
Michigan	of older adults. Programs	
GRCC Older	offered include: Silver	p: 616-234-3483
Learner Center	Sneakers, Strength and	www.grcc.edu/olc
	Stretch, A Matter of Balance,	
Salvation Army	EnhanceFitness, Arthritis	p: 616-454-1459
	Foundation Exercise, Aquatic	www.salvationarmyusa.org
Senior	Programs, Tai Chi, and more.	p: 616-459-6019
Neighbors		www.seniorneighbors.org
Reliance	Therapy services provided	p: 616-954-1555
Community	by licensed professionals	www.relianceccp.org
Care Partners	who help individuals	
	overcome obstacles such as	
	depression, anxiety, trauma,	
	grief, and loss. There is no	
	charge for this service, but	
	insurance will be billed if	
	available.	
Cherry Health –	Provides older adults with a	p: 616-242-6058
Sheldon House	diagnosed mental illness the	www.cherryhealth.org
	opportunity for socialization.	
Life Therapeutic	In home assessment and	p: 616-215-0444
Solutions	education provided to treat	www.life-ts.com
	physical, social and cognitive	
	conditions of older adults, to	
	help return them to a more	
	active role in the community.	

Salvation Army	Senior Centers offer programs specific to the	p: 616-454-1459 www.salvationarmyusa.org
Senior Neighbors	needs of seniors. Staff connect older adults to available services and encourage participation in nutrition and wellness programs.	Walker Firehouse Café p: 616-735-3240 Grandville Senior Neighbors p: 616-531-5250 Lowell Senior Neighbors p: 616-897-5949 Grand Rapids Senior Neighbors p: 616-459-3040 Sparta Senior Neighbors p: 616-887-1273
St. Alphonsus- Young at Heart Program		p: 616-913-4419 https://youngatheartgr.org/
United Methodist Community House		p: 616-451-3043 ext. 419 www.umchousegr.org

Rights & Legal Assistance

Access to attorneys and legal advice including options to learn more about rights in long-term care facilities and situations of elder abuse.

Partner	Description	Contact Info:
Legal Aid of Western Michigan	Attorneys provide <u>legal</u> advice, counseling, and representation to	p: 616-774-0672 www.lawestmi.org
	low-income older adults.	
Area Agency	Ombudsmen assist	p: 616-456-5664 or
on Aging of	residents and	888-456-5664
Western	prospective residents	https://www.aaawm.org/
Michigan	of long-term care	
	facilities to understand	
	their rights and resolve	
	complaints.	
Kent County	Elder abuse prevention	p: 616-456-5664
Elder Abuse	presentations are	www.protectkentseniors.org
Coalition	available to aging	
	subcontract	

	organizations, professional and community groups.	
Kent County	Professional guardians	p: 616-632-5438
Probate	provided by Kent	www.accesskent.com/Courts/Probate
Court	County Probate Court	
	to manage daily living	
	service for vulnerable	
	adults.	

Home Maintenance & Repair

Assistance with home repairs, both minor and major, and help with identification of any barriers to living at home.

Partner	Description	Contact Info:
Grand Rapids Nehemiah Project Senior Neighbors Steepletown Neighborhoo d Services	Assistance with minor home repairs including repairing windows/doors, changing leaking faucets, installing smoke and carbon monoxide detectors, minor yard work, and snow removal.	p: 616-965-6730 www.grnpflourish.org p: 616-459-6019 www.seniorneighbors.org p: 616-451-4215 www.steepletown.org
Home Repair Services	Home repairs focused on health and safety such as roof repairs, furnace repairs and replacement, plumbing, ramp construction and bath modifications.	p: 616-241-2601 www.homerepairservices.org
Kent County Community Action	Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.	p: 616-632-7950 www.accesskent.com
Disability Advocates of Kent County	Assessment of home environment to identify barriers to independent living and necessary modifications.	p: 616-949-1100 www.dakc.us

Transportation

Services that provide either assisted or public transport.

Partner	Description	Contact Info:
Senior Neighbors City of	One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus	p: 616-459-6019 <u>www.seniorneighbors.org</u> p: 616-530-3190
Wyoming	or the PASS program.	www.wyomingmi.gov
RideLink*	Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies.	p: 616-694-6589 www.aaawm.org/ridelink *rides performed by Kent County Community Action, The Rapid, RideLink, Servicios Latino- Americanos, Senior Neighbors and United Methodist Community House

Health Insurance, Medicaid & Medicare

Programs that involve benefits for Medicaid and Medicare recipients, including an option for prescription medication assistance.

Partner	Description	Contact Info:
Reliance	MI Choice Medicaid Waiver for	p: 616-956-9440 or
Community	individuals who meet age,	800-447-3007
Care	financial, and medical criteria.	www.relianceccp.org
Partners	The program <u>meets the needs</u>	
	of a person who could be	
Area	eligible for a nursing home	p: 616-456-5664 or
Agency on	<u>level of care</u> but allows	888-456-5664
Aging of	individuals to live in their own	www.aaawm.org
Western	home, the home of a loved	
Michigan	one, or some licensed assisted	
	living settings.	
Medicare/	Assistance for Medicare or	p: 800-803-7174
Medicaid	Medicaid beneficiaries who	www.mmapinc.org
Assistance	have questions or concerns	
Program	regarding coverage or enrolling	
(MMAP)	in coverage. Help is provided in	

	choosing prescription drug plans, determining eligibility, and enrolling in assistance programs.	
Senior Neighbors	Information and <u>assistance for</u> <u>prescription coverage</u> . A thorough assessment will be conducted with all clients referred for services to determine needs. *also provides MMAP services	p: 616-459-6019 www.seniorneighbors.org

Nutrition Services

A variety of options are available for meals and groceries.

Congregate Meal Sites

Partner	Description	Contact Info:
KCCA	Nutritious meals served in	p: 616-632-7969
*Latin American	various locations around the	www.accesskent.com
Inspired	county. <u>Lunch is coordinated</u>	
Meals	with a variety of activities such	
Meals on	as exercise programs, crafts,	p: 616-459-3111
Wheels	games, health screenings and	www.mealsonwheelswesternmichigan.org
Western	nutrition education.	
Michigan		
Salvation		p: 616-454-1459
Army		www.salvationarmyusa.org

Food Pantries

Partner	Description	Contact Info:
Community Food Club	The Community Food Club of Greater Grand Rapids promotes food security and dignity for low-income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.	p: 616-288-5550 www.communityfoodclubgr.org

Meals on	A <u>nutritious combination of</u>	p: 616-364-1104
Wheels	foods, providing several	www.mealsonwheelswesternmichigan.org
Western	meals, self-selected from a	
Michigan	pantry shelf.	

Home Delivered Meals *must meet homebound eligibility

Partner	Description	Contact Info:
Kent	Latin-inspired meals	p: 616-632-7969
County	provided to homebound	www.accesskent.com
Community	individuals who cannot	
Action	prepare their own meals.	
Meals on	Menu of choice for people	p: 616-459-3111
Wheels	who would like to select	www.mealsonwheelswesternmichigan.org
Western	their meals. Puree and	
Michigan	minced meals also	
	available.	
Revive and	Short term meals that	p: (616) 606-3314
Thrive	focus on whole foods and	www.reviveandthriveproject.org
Project	vegetables for <u>eligible</u>	
	medical diagnoses.	

Outreach & Assistance

A variety of educational programs that can be used to help determine the services that will best meet the need of the individual.

Partner	Description	Contact Info:
Kent County	Helps to identify the services	p: 616-632-7976
Community	that best meet an	www.accesskent.com
Action	individual's needs. This service includes assistance	n: (616) 742 0200
Hispanic Center of	with housing, utilities, meals,	p: (616) 742-0200 https://hispanic-center.org/
Western	prescriptions and applying	nttps://mspame-center.org/
Michigan	for Medicaid.	
Senior		p: 616-459-6019
Neighbors		www.seniorneighbors.org
United		p: 616-452-3226
Methodist		www.umchousegr.org
Community		
House		

Area Agency on Aging of Western Michigan	An <u>in-home assessment</u> that helps individuals and their families connect with personal & community resources.	p: 616-456-5664 or 888-456-5664 www.aaawm.org/
Heart of West Michigan United Way (Dial 211)	General information is provided through Heart of West Michigan United Way's Hotline assisting individuals seeking community-based resources.	p: 800-887-1107 www.hwmuw.org/211
AAAWM Reliance	The Community Transition Services (CTS) Program is a Medicaid funded program that provides those currently living in a nursing facility	p: 616-456-5664 or 888-456-5664 www.aaawm.org p: 616-956-9440 or
Community Partners	with an opportunity to return to independent or assisted living.	800-447-3007 www.relianceccp.org

Technology SupportPrograms that provide workshops and individualized support for technology.

Partner	Description	Contact Info:
Senior	Workshops, one-on-one support,	p: 616-459-6019
Neighbors	and a device lending library to help	www.seniorneighbors.org
	seniors feel confident and	
	comfortable using the internet on a	
	laptop, smartphone, or tablet.	

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For more information, please contact:

Area Agency on Aging of Western Michigan 616-456-5664 or 888-456-5664 Fax: 616-456-5692

www.aaawm.org.

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services.





