



THERE'S NO PLACE LIKE
home.



2022 Older Americans Act Senior Services

Listed in this directory are a wide variety of services available to seniors in our 9-county region, consisting of **Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo and Osceola** counties, to help them stay in their home. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the state and federal dollars dedicated to older adult programs through the Older Americans Act (OAA). For general information on senior services, contact AAAM at 616-456-5664 or 888-456-5664.

Please note that during COVID-19, classes may be held over Zoom. Please check with agency on status of service.

ALLEGAN COUNTY:

ALZHEIMER'S ASSOCIATION



www.alz.org/gmc/

616-459-4558

Caregiver Education

AREA AGENCY ON AGING OF WESTERN MI



www.aaawm.org 616-456-5664 888-456-5664

Care Management

Home Support

Information and Assistance

Options Counseling

Respite Certificates

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED



www.abvimichigan.org

616-458-1187

Assistive Devices & Technologies

ATRIO HOME CARE

www.atriohomecare.org

616-796-3800

Homemaker

Respite

COMMUNITY ACTION OF ALLEGAN COUNTY www.communityactionallegan.org 269-673-5472

Assisted Transportation

ELDERS' HELPERS



www.eldershelpers.com

616-454-8305 800-466-8084

Assistive Devices & Technologies (PERS)

- EVERGREEN COMMONS**  www.evergreencommons.org 616-396-7100
*Adult Day Services
 ADS Bathing
 Caregiver Education, Support & Training
 Healthy Aging Programs*
- KENT COUNTY ELDER ABUSE COALITION** www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education
- LEGAL AID OF WESTERN MICHIGAN**  www.lawestmi.org 616-774-0672
Legal Assistance
- LONG TERM CARE OMBUDSMAN** www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman
- MEALS ON WHEELS WESTERN MI**  www.mealsonwheelswesternmichigan.org 616-459-3111
Congregate and Home Delivered Meals

IONIA COUNTY:

ALZHEIMER'S ASSOCIATION



www.alz.org/gmc/

616-459-4558

Caregiver Education

AREA AGENCY ON AGING OF WESTERN MI



www.aaawm.org

616-456-5664 888-456-5664

Care Management

Home Support

Information and Assistance

Options Counseling

Respite Certificates

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED



www.abvimichigan.org

616-458-1187

Assistive Devices & Technologies

ELDERS' HELPERS



www.eldershelpers.com

616-454-8305 800-466-8084

Assistive Devices & Technologies (PERS)

IONIA COUNTY COMMISSION ON AGING



616-527-5365 888-527-5365

<https://ioniacounty.org/health/commission-on-aging>

Adult Day Services

Assisted Transportation

Congregate Meals

Healthy Aging Programs

Home Delivered Meals

Homemaker

Respite

Senior Center Activities

KENT COUNTY ELDER ABUSE COALITION

www.protectkentseniors.org

616-456-5664

Elder Abuse Prevention Education

LEGAL AID OF WESTERN MICHIGAN



www.lawestmi.org

616-774-0672

Legal Assistance

LONG TERM CARE OMBUDSMAN

www.aaawm.org/ltco


616-245-9451 866-485-9393


Long Term Care Ombudsman

KENT COUNTY: (Please see the Kent County Senior Services Directory for more services in Kent County)

ALZHEIMER'S ASSOCIATION  www.alz.org/gmc/ 616-459-4558
Caregiver Education, Support & Training
Caregiver Classes/Support Groups

AREA AGENCY ON AGING OF WESTERN MI  www.aaawm.org 616-456-5664 888-456-5664
Care Management
Caregiver Education, Support & Training  www.caregiverresource.net
Healthy Aging Programs
Home Support
Information and Assistance
Options Counseling
Respite Certificates

GRAND RAPIDS COMMUNITY COLLEGE OLDER LEARNER CENTER 
Healthy Aging Programs 616-234-3483
www.grcc.edu/programs/job-workforce-training/older-learners/current-programs

HOPE NETWORK BEHAVIORAL HEALTH SERVICES SIDE BY SIDE 
www.hopenetwork.org 616-235-2910
Adult Day Services

HOPE NETWORK TRANSPORTATION  www.hopenetwork.org 616-243-0876
Assisted Transportation

KENT COUNTY COMMUNITY ACTION  616-632-7950
www.accesskent.com/Departments/CommunityAction
Assisted Transportation
Congregate Meals
Home Delivered Meals
Native American Outreach 616-632-7976
Outreach & Assistance 616-632-7976
Servicios Latino-Americanos 616-336-4296

KENT COUNTY ELDER ABUSE COALITION www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education

LONG TERM CARE OMBUDSMAN www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman

MEALS ON WHEELS WESTERN MI  www.mealsonwheelswesternmichigan.org 616-459-3111

Congregate Meals
Home Delivered Meals

THE RAPID  www.ridetherapid.org 616-774-1288

Assisted Transportation

RELIANCE COMMUNITY CARE PARTNERS www.reliancecccp.org 616-956-9440 800-447-3007

Care Management
Home Support

RIDELINK  www.aaawm.org/ridelink 616-774-1288

Assisted Transportation

SALVATION ARMY  <https://centralusa.salvationarmy.org/FultonHeights/love-the-elderly> 616-454-1459

Congregate Meals

SARAHKARE KNAPP'S CORNER  www.sarahcare.com/knappscorner 616-364-6800

Adult Day Services
Respite Certificates

SARAHKARE KNAPP'S CORNER  www.sarahcare.com/metrohealth 616-530-6700

Adult Day Services
Respite Certificates

SENIOR NEIGHBORS  www.seniorneighbors.org 616-459-6019

Assisted Transportation
Healthy Aging Programs
Outreach & Assistance
Public Transportation
Respite
Respite Certificates
Senior Center Activities

Walker Firehouse Café 616-735-3240
Grandville Senior Neighbors 616-531-5250
Lowell Senior Neighbors 616-897-5949
Grand Rapids Senior Neighbors 616-459-3040
Sparta Senior Neighbors 616-887-1273

UNITED METHODIST COMMUNITY HOUSE  www.umchousegr.org

616-452-3226

*Assisted Transportation
Grandparent Support Group
Senior Center Activities
Outreach & Assistance*

CITY OF WYOMING  www.wyomingmi.gov

616-530-3190

Public Transportation

LAKE COUNTY:

ALZHEIMER'S ASSOCIATION



www.alz.org/gmc/

616-459-4558

Caregiver Education

AREA AGENCY ON AGING OF WESTERN MI



www.aaawm.org

616-456-5664 888-456-5664

Care Management

Home Support

Information and Assistance

Options Counseling

Respite Certificates

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED



www.abvimichigan.org

616-458-1187

Assistive Devices & Technologies

BALDWIN FAMILY HEALTH CARE

www.familyhealthcare.org

231-745-4624

Assistive Devices & Technologies (Caretrak)

Grandparent Support Group

Respite

Respite Bathing

ELDERS' HELPERS



www.eldershelpers.com

616-454-8305 800-466-8084

Assistive Devices & Technologies (PERS)

KENT COUNTY ELDER ABUSE COALITION

www.protectkentseniors.org

616-456-5664

Elder Abuse Prevention Education

LEGAL AID OF WESTERN MICHIGAN



www.lawestmi.org

616-774-0672

Legal Assistance

LONG TERM CARE OMBUDSMAN

www.aaawm.org/ltco

616-245-9451 866-485-9393

Long Term Care Ombudsman

ST. ANN'S SENIOR SERVICES

231-745-7201

Assisted Transportation

Congregate Meals

Healthy Aging Programs

Home Delivered Meals

Homemaker

MASON COUNTY:


- ALZHEIMER'S ASSOCIATION**  www.alz.org/gmc/ 616-459-4558
Caregiver Education
- AREA AGENCY ON AGING OF WESTERN MI**  www.aaawm.org 616-456-5664 888-456-5664
Care Management
Home Support
Information and Assistance
Options Counseling
- ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED**  www.abvimichigan.org
616-458-1187
Assistive Devices & Technologies
- ELDERS' HELPERS**  www.eldershelpers.com 616-454-8305 800-466-8084
Assistive Devices & Technologies (PERS)
- KENT COUNTY ELDER ABUSE COALITION** www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education
- LEGAL AID OF WESTERN MICHIGAN**  www.lawestmi.org 616-774-0672
Legal Assistance
- LONG TERM CARE OMBUDSMAN** www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman
- LUDINGTON AREA SENIOR CENTER** www.ludington.mi.us/272/Senior-Citizen-Center
231-845-6841
Healthy Aging Programs
Senior Center Activities
- MASON COUNTY SENIOR MEALS** 231-757-3713
<http://www.masoncounty.net/other-agencies/council-on-aging/meals-on-wheels.html>
Congregate Meals
Home Delivered Meals
- MASON COUNTY CENTRAL SCHOOLS/SCOTTVILLE SENIOR CENTER** 231-757-3713
<http://www.masoncounty.net/other-agencies/council-on-aging/scottville-area-senior-center.html>
Assisted Transportation
Homemaker
Respite

MECOSTA COUNTY:

ALZHEIMER'S ASSOCIATION  www.alz.org/gmc/ 616-459-4558
Caregiver Education

AREA AGENCY ON AGING OF WESTERN MI  www.aaawm.org 616-456-5664 888-456-5664
*Care Management
Home Support
Information and Assistance
Options Counseling
Respite Certificates*

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED  www.abvimichigan.org 616-458-1187
Assistive Devices & Technologies

ELDERS' HELPERS  www.eldershelpers.com 616-454-8305 800-466-8084
Assistive Devices & Technologies (PERS)







KENT COUNTY ELDER ABUSE COALITION www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education

LEGAL AID OF WESTERN MICHIGAN  www.lawestmi.org 616-774-0672
Legal Assistance

LONG TERM CARE OMBUDSMAN www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman

MECOSTA COUNTY COMMISSION ON AGING  www.mecostacounty.org/mcco 231-972-2884
*Assisted Transportation
Congregate Meals
Healthy Aging Programs
Home Delivered Meals
Homemaker
Respite
Respite Certificates
Senior Center Activities*

MONTCALM COUNTY:

- ALZHEIMER'S ASSOCIATION**  www.alz.org/gmc/ 616-459-4558
Caregiver Education
- AREA AGENCY ON AGING OF WESTERN MI**  www.aaawm.org 616-456-5664 888-456-5664
Care Management
Home Support
Information and Assistance
Options Counseling
Respite Certificates
- ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED**  www.abvimichigan.org 616-458-1187
Assistive Devices & Technologies
- CLAY STREET CENTER**
Adult Day Services www.claystreetcenter.org 616-835-9080
- ELDERS' HELPERS**  www.eldershelpers.com 616-454-8305 800-466-8084
Assistive Devices & Technologies (PERS)
- KENT COUNTY ELDER ABUSE COALITION** www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education
- LEGAL AID OF WESTERN MICHIGAN**  www.lawestmi.org 616-774-0672
Legal Assistance
- LONG TERM CARE OMBUDSMAN** www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman
- MONTCALM COUNTY COMMISSION ON AGING**  989-831-7476
http://www.montcalm.org/departments_services/health_and_human_services/commission_on_aging.php
Assisted Transportation
Congregate Meals
Home Delivered Meals
Homemaker
Respite
Respite Certificates

NEWAYGO COUNTY:

- ALZHEIMER'S ASSOCIATION**  www.alz.org/gmc/ 616-459-4558
Caregiver Education
- AREA AGENCY ON AGING OF WESTERN MI**  www.aaawm.org 616-456-5664 888-456-5664
Care Management
Home Support
Information and Assistance
Options Counseling
Respite Certificates
- ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED**  www.abvimichigan.org
616-458-1187
Assistive Devices & Technologies
- BALDWIN FAMILY HEALTH CARE** www.familyhealthcare.org 231-745-4624
Assistive Devices & Technologies (Caretrak)
Grandparent Support Group
Respite
Respite Bathing
- ELDERS' HELPERS**  www.eldershelpers.com 616-454-8305 800-466-8084
Assistive Devices & Technologies (PERS)
- KENT COUNTY ELDER ABUSE COALITION** www.protectkentseniors.org 616-456-5664
Elder Abuse Prevention Education
- LEGAL AID OF WESTERN MICHIGAN**  www.lawestmi.org 616-774-0672
Legal Assistance
- LONG TERM CARE OMBUDSMAN** www.aaawm.org/ltco 616-245-9451 866-485-9393
Long Term Care Ombudsman
- NEWAYGO COUNTY COMMISSION ON AGING**  231-689-2100
<https://www.newaygocountymi.gov/departments/commission-on-aging/>
Adult Day Services
Assisted Transportation
Congregate Meals
Home Delivered Meals
Homemaker
- WELLSPRING ADULT DAY SERVICES** www.wellspringads.org 231-638-8786
Adult Day Services

OSCEOLA COUNTY:

ALZHEIMER'S ASSOCIATION



www.alz.org/gmc/

616-459-4558

Caregiver Education

AREA AGENCY ON AGING OF WESTERN MI



www.aaawm.org

616-456-5664 888-456-5664

Care Management

Home Support

Information and Assistance

Long Term Care Ombudsman

www.aaawm.org/ltco

616-245-9451 866-485-9393

Options Counseling

Respite Certificates

ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED



www.abvimichigan.org

616-458-1187

Assistive Devices & Technologies

ELDERS' HELPERS



www.eldershelpers.com

616-454-8305 800-466-8084

Assistive Devices & Technologies (PERS)

KENT COUNTY ELDER ABUSE COALITION

www.protectkentseniors.org

616-456-5664

Elder Abuse Prevention Education

LEGAL AID OF WESTERN MICHIGAN



www.lawestmi.org

616-774-0672

Legal Assistance

LONG TERM CARE OMBUDSMAN

www.aaawm.org/ltco

616-245-9451 866-485-9393

Long Term Care Ombudsman

OSCEOLA COUNTY COMMISSION ON AGING



231-734-5559

http://www.osceola-county.org/residents/county_departments/commission_on_aging/

Assisted Transportation

Congregate Meals

Healthy Aging Programs

Home Delivered Meals

Homemaker

Respite

Respite Certificates

ADULT DAY SERVICES (ADS) Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

ADS & RESPITE BATHING SERVICES Provision of on-site shower or bathing services to ensure safety and dignity.

ASSISTIVE DEVICES & TECHNOLOGIES A service that provides assistive devices and technologies which enable individuals to live independently in the community according to their preferences, choices and abilities. This service helps individuals to learn about and acquire devices, equipment and supporting technologies that assist in the conduct of activities of daily living.

CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

CAREGIVER EDUCATION, SUPPORT & TRAINING Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

ELDER ABUSE PREVENTION EDUCATION Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

GRANDPARENT SUPPORT GROUP Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

HEALTHY AGING PROGRAMS These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Silver Sneakers, Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Healthy Eating for Successful Living.

HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

HOMEMAKER Performance of routine household tasks to maintain an adequate living environment for older adults with functional limitations.

INFORMATION AND ASSISTANCE General information and referral is provided, assisting individuals seeking a variety of community-based resources.

LEGAL ASSISTANCE Attorneys provide legal advice, counseling, and representation to low-income older adults.

LONG TERM CARE OMBUDSMAN Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

NUTRITION SERVICES:

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

RESPITE Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

RESPITE CERTIFICATES A limited number of respite certificates are available for caregivers age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 21 days of issue.

SENIOR CENTER ACTIVITIES Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations. Transportation is provided by a variety of agencies.

TRANSPORTATION - PUBLIC One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

THERE'S NO PLACE LIKE
home.

For more information please contact:

Area Agency on Aging of Western Michigan
616-456-5664 or 888-456-5664
Fax: 616-456-5692

www.aaawm.org

 [www.Facebook.com/AreaAgencyOnAging](https://www.facebook.com/AreaAgencyOnAging)

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, and the Michigan Department of Health and Human Services.



The Source for Seniors