



THERE'S NO PLACE LIKE
home.



2020 Kent County Senior Services

Listed in this directory are a wide variety of services available to Kent County seniors to help them stay in their home. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the Kent County Senior Millage (KCSM). Services or organizations designated with two asterisks (**) are funded through state and federal dollars dedicated to older adult programs. For general information on senior services, contact AAAWM at 616-456-5664 or 888-456-5664.

ADAPTIVE EQUIPMENT The temporary loan of assistive technology, adaptive equipment or other aids for client's personal use.

Disability Advocates of Kent County www.dakc.us  616-949-1100

ADULT DAY SERVICES Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

Hope Network Behavioral Health Services Side By Side: www.hopenetwork.org  616-235-2910
SarahCare Knapp's Corner www.sarahcare.com/knappscorner  616-364-6800
SarahCare Metro Village www.sarahcare.com/metrohealth  616-530-6700

AGING IN PLACE, TRAINING AND SUPPORT Classes taught by Occupational Therapists and Certified OT Assistants including: Safety-at-Home, Tools You Can Use, Help Is Out There and Understanding Benefits.

Disability Advocates of Kent County www.dakc.us  616-949-1100

BATHING SERVICES Provision of on-site shower or bathing services to ensure safety and dignity.

SarahCare Adult Day Knapp's Corner www.sarahcare.com/knappscorner  616-364-6800
SarahCare Adult Day Metro www.sarahcare.com/metrohealth  616-530-6700

CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

CAREGIVER SUPPORT** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

Alzheimer's Association (Classes/Support Groups) www.alz.org/gmc/  616-459-4558
Caregiver Resource Network www.caregiverresource.net  616-456-5664
Easterseals Michigan www.easterseals.com/michigan  616-942-2081
Family Caregiver University www.caregiverresource.net  616-456-5664

CHOICES FOR INDEPENDENCE** An in-home social work assessment that helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan www.aaawm.org  616-456-5664 888-456-5664

CLUBHOUSE Provides older adults with a diagnosed mental illness the opportunity to engage in a full range of life-and health-enhancing services alongside other clubhouse members and staff.

Cherry Health – Sheldon House www.cherryhealth.org  616-242-6058

COMMUNITY HEALTH WORKER DEMENTIA SUPPORT PROGRAM Volunteers will be trained to provide culturally appropriate education programs and support groups to community members.

Alzheimer's Association www.alz.org/gmc/  800-272-3900

DAILY MONEY MANAGEMENT Bill payment services, budgeting, debt management and finance issue resolution provided by accountants to low-income seniors

CPA for Seniors of Rivertown Finance PLLC www.CPAforSeniors.com  616-528-8128

DENTAL SERVICES General dental services, root canal treatment, and complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health (Dentures Only) www.cherryhealth.org  616-776-2135
Exalta Health www.exaltahealth.org  616-475-8446

ELDER ABUSE PREVENTION EDUCATION** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition www.protectkentseniors.org 616-456-5664

EMERGENCY NEED FUND Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors www.seniorneighbors.org  616-459-6019

FAIR HOUSING SERVICES Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

Fair Housing Center of West Michigan www.fhcwm.org  616-451-2980

FORECLOSURE INTERVENTION COUNSELING Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

Home Repair Services www.homerepairservices.org  616-241-2601

FRIENDLY VISITOR Companionship provided for short intervals to homebound or isolated older adults. Trained volunteers provide visits to participants that focus on conversation and communication and may include activities such as playing games, taking a walk, reading to a client, doing crafts, etc. The goal is to help clients living alone stay connected to their community.

Spectrum Health Visiting Nurse Association www.spectrumhealth.org/vna  616-486-3956

GENTLY-USED MOBILITY EQUIPMENT Placement of gently used mobility equipment such as a walker, bath equipment, hoist lifts, scooters, power wheelchairs and manual wheelchairs for the personal use of a client.

Alternatives in Motion www.alternativesinmotion.org  616-493-2620

GRANDPARENT SUPPORT GROUP** Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

United Methodist Community House www.umchousegr.org  616-452-3226

GUARDIANSHIP Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable adults who don't have family members or friends to assist them.

Kent County Probate Court <https://www.accesskent.com/Courts/Probate/guardian.htm> 616-632-5438
616-632-5440

HANDY HELEN CLASSES Home repair and maintenance classes are taught by licensed professionals to senior women and or caregivers.

Home Repair Services www.homerepairservices.org  616-241-2601

HEALTHY AGING PROGRAMS These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Silver Sneakers, Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Healthy Eating for Successful Living.

Area Agency on Aging of Western Michigan	www.aaawm.org/classes 	616-588-2580
GRCC Older Learner Center	www.grcc.edu/olc 	616-234-3483
Salvation Army	https://centralusa.salvationarmy.org/FultonHeights/love-the-elderly 	616-454-1459
Senior Neighbors	www.seniorneighbors.org 	616-459-6019

HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS Specialized Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

Disability Advocates of Kent County	www.dakc.us 	616-949-1100
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HOME CHORE Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, repairing doors, changing leaking faucets, installing smoke and CO detectors, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

Building Bridges Professional Services	www.buildingbridgesgr.com 	616-224-7409
Senior Neighbors	www.seniorneighbors.org 	616-459-6019
Steepletown Neighborhood Services	www.steepletown.org 	616-451-4215

HOME MODIFICATION ASSESSMENT Occupational Therapist assessment provided in the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services.

Disability Advocates of Kent County	www.dakc.us 	616-949-1100
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HOME REPAIR Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs.

Home Repair Services	www.homerepairservices.org 	616-241-2601
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HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

Area Agency on Aging of Western MI	www.aaawm.org 	616-456-5664	888-456-5664
Reliance Community Care Partners	www.reliancecccp.org	616-956-9440	800-447-3007

HOUSING COORDINATION Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options.

Senior Neighbors

www.seniorneighbors.org 

616-459-6019

INDEPENDENT LIVING Assessment, education and recommendations provided by a therapist to determine and implement ways to increase functional independence. This service is provided for individuals and as well as through group education presentations.

Easterseals Michigan

www.easterseals.com/michigan 

616-942-2081 800-292-2729

INFORMATION AND ASSISTANCE General information and referral is provided through Heart of West Michigan United Way's 211 Hotline, assisting individuals seeking a variety of community-based resources.

*Heart of West Michigan United Way
(In Kent County dial 211)*

<https://www.hwmuw.org/211> 

800-887-1107

LEGAL ASSISTANCE Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Aid of Western Michigan

www.lawestmi.org 

616-774-0672

LONG TERM CARE OMBUDSMAN Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of WM

<http://mltccp.org/>

616-245-9451 866-485-9393

MEDICATION MANAGEMENT Managing medications can be difficult, confusing, and extremely important to a person's health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

Elders' Helpers

www.eldershelpers.com 

616-454-8305

MI CHOICE MEDICAID WAIVER** MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

*Area Agency on Aging of Western Michigan
Reliance Community Care Partners*

www.aaawm.org 
www.reliancecccp.org

616-456-5664 888-456-5664

616-956-9440 800-447-3007

MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP) ** Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP

www.mmapinc.org 

800-803-7174

NURSING FACILITY TRANSITION** The Nursing Facility Transition Program (NFT) is a Medicaid funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan

www.aaawm.org 

616-456-5664 888-456-5664

Disability Advocates of Kent County

www.dakc.us 

616-949-1100

Reliance Community Care Partners

www.reliancecccp.org

616-956-9440 800-447-3007

NUTRITION SERVICES:

COMMUNITY FOOD CLUB The Community Food Club of Greater Grand Rapids promotes food security and dignity for low income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club

www.communityfoodclubgr.org 

616-288-5550

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

Kent County Community Action www.accesskent.com/Departments/CommunityAction  616-632-7976
(Latin American Meals)

Salvation Army <https://centralusa.salvationarmy.org/FultonHeights/love-the-elderly>  616-454-1459

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org  616-459-3111

FOOD PANTRY A nutritious combination of foods, providing several meals, self-selected from a pantry shelf. Nutrition education is also provided.

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org  616-364-1104

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

Kent County Community Action www.accesskent.com/Departments/CommunityAction  616-632-7976

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org  616-459-3111

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

Kent County Community Action www.accesskent.com/Departments/CommunityAction  616-632-7976
Senior Neighbors www.seniorneighbors.org  616-459-6019
Servicios Latino-Americanos www.accesskent.com/Departments/CommunityAction  616-336-4296
United Methodist Community House www.umchousegr.org  616-452-3226

PERSONAL CARE Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western MI www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

PERSONAL EMERGENCY RESPONSE SYSTEM Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders' Helpers www.eldershelpers.com  616-454-8305

PRESCRIPTION ASSISTANCE PROGRAM Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits.

Senior Neighbors www.seniorsneighbors.org  616-459-6019

PROFESSIONAL ORGANIZING AND COACHING Service efforts are geared toward minimizing risk of safety/health concerns of and/or lifting housing complaints and to enhance safety, comfort, and accessibility of the home. Services include interior decluttering, organizing, and cleaning of residential homes; coaching on organizing and maintaining home interior; hoarding intervention; infestation treatment preparation; and removal and drop-off of appropriate donation, hazardous waste, expired medication, and recyclables.

Moxie Life Organizing LLC www.moxielifeorganizing.com  616-777-7347

RECREATION THERAPY PROGRAM – STEPPING STONES Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

Life Therapeutic Solutions www.life-ts.com  616-215-0444 800-925-3152

RESPIRE Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

Area Agency on Aging of Western MI www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

RESPIRE CERTIFICATES** A limited number of respite certificates are available for caregivers age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 21 days of issue.






Hope Network Behavioral Health

<i>Services Side By Side:</i>	www.hopenetwork.org 	616-235-2910
<i>SarahCare Knapp's Corner</i>	www.sarahcare.com/knappscorner 	616-364-6800
<i>SarahCare Metro Village</i>	www.sarahcare.com/metrohealth 	616-530-6700
<i>Senior Neighbors</i>	www.seniornighbors.org 	616-459-6019

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Provides seniors an opportunity to volunteer their time and experience, and to serve the community.

<i>Senior Neighbors</i>	www.seniornighbors.org 	616-459-6019
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SENIOR CENTER ACTIVITIES Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

<i>Salvation Army</i>	https://centralusa.salvationarmy.org/FultonHeights/love-the-elderly 	616-454-1459
<i>Senior Neighbors</i>	www.seniornighbors.org 	616-459-6019
<i>Walker Firehouse Café</i>		616-735-3240
<i>Grandville Senior Neighbors</i>		616-531-5250
<i>Lowell Senior Neighbors</i>		616-897-5949
<i>Grand Rapids Senior Neighbors</i>		616-459-3040
<i>Sparta Senior Neighbors</i>		616-887-1273
<i>St. Alphonsus Catholic Church</i>	www.stalphonsusgr.org/senior-program 	616-913-4419
<i>United Methodist Community House</i>	www.umchousegr.org 	616-452-3226
<i>City of Wyoming</i>	www.wyomingmi.gov 	616-530-3190

SENIOR COMPANION PROGRAM Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

<i>Senior Neighbors</i>	www.seniornighbors.org 	616-459-6019
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SMART MONEY UNIVERSITY Workshops will equip older adults with information to help identify contractor scams and predatory loan products, provide tools and techniques to help navigate systems related to general household finance and benefit access, and help examine the cost realities of moving to a new setting versus aging in place.

<i>Home Repair Services</i>	www.homerepairservices.org 	616-241-2601
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SUPPORT GROUP Support groups will assist individuals and their family members/significant others in understanding and coping with a broad range of issues related to vision impairments or blindness with the emphasis on learning, sharing information, and providing support. Groups meet monthly.

Association for the Blind and Visually Impaired www.abvimichigan.org  616-458-1187
800-466-8084

TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling RideLink at 616-774-1288.

Kent County Community Action www.accesskent.com/Departments/CommunityAction  616-632-7965
Hope Network Transportation www.hopenetwork.org  616-243-0876
The Rapid www.ridetherapid.org  616-774-1288
RideLink www.aaawm.org/ridelink  616-774-1288
Servicios Latino-Americanos www.accesskent.com/Departments/CommunityAction  616-632-7950
Senior Neighbors www.seniorneighbors.org  616-459-6019
United Methodist Community House www.umchousegr.org  616-452-3226

TRANSPORTATION - PUBLIC** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors www.seniorneighbors.org  616-459-6019
City of Wyoming www.wyomingmi.gov  616-530-3190

VISION SERVICES – CLINIC The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired www.abvimichigan.org  616-458-1187
800-466-8084
Cherry Health www.cherryhealth.org  616-776-2135

VISION COUNSELING Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events.

Association for the Blind and Visually Impaired www.abvimichigan.org  616-458-1187
800-466-8084

WEATHERIZATION Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

Kent County Community Action www.accesskent.com/Departments/CommunityAction  616-632-7958
Servicios Latino-Americanos www.accesskent.com/Departments/CommunityAction  616-632-7949

THERE'S NO PLACE LIKE
home.

For more information please contact:

Area Agency on Aging of Western Michigan
616-456-5664 or 888-456-5664
Fax: 616-456-5692

www.aaawm.org

www.Facebook.com/AreaAgencyOnAging

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services.



The Source for Seniors

*Kent County
Senior Millage*

