



THERE'S NO PLACE LIKE
home.



2018 Kent County Senior Services

Listed in this directory are a wide variety of services available to Kent County seniors to help them stay in their home. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the Kent County Senior Millage (KCSM). Services or organizations designated with two asterisks (**) are funded through state and federal dollars dedicated to older adult programs. For general information on senior services, contact AAAM at 616-456-5664 or 888-456-5664.

ADAPTIVE EQUIPMENT The temporary loan of assistive technology, adaptive equipment or other aids for client's personal use.

Disability Advocates of Kent County

www.dakc.us

616-949-1100

ADULT DAY SERVICES Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

Hope Network Behavioral Health Services Side By Side: www.hopenetwork.org

616-235-2910

SarahCare Knapp's Corner

www.sarahcare.com/knappscorner

616-364-6800

SarahCare Metro Village

www.sarahcare.com/metrohealth

616-530-6700

AGING IN PLACE, TRAINING AND SUPPORT Classes taught by Occupational Therapists and Certified OT Assistants including: Preparing for Surgery, Safety-at-Home, Tools You Can Use, Taking Care of You and Independent Living skills.

Disability Advocates of Kent County

www.dakc.us

616-949-1100

BATHING SERVICES Provision of on-site shower or bathing services to ensure safety and dignity.

SarahCare Adult Day Knapp's Corner

www.sarahcare.com/knappscorner

616-364-6800

SarahCare Adult Day Metro

www.sarahcare.com/metrohealth

616-530-6700

CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 or 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 or 800-447-3007

CAREGIVER SUPPORT** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

Alzheimer's Association (Classes/Support Groups) www.alz.org/gmc/ 616-459-4558
Caregiver Resource Network www.caregiverresource.net 616-456-5664
Easter Seals Michigan www.easterseals.com/michigan 616-942-2081
Family Caregiver University www.caregiverresource.net 616-456-5664

CHOICES FOR INDEPENDENCE** An in-home social work assessment that helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan www.aaawm.org 616-456-5664 888-456-5664

DAILY MONEY MANAGEMENT Bill payment services, budgeting, debt management and finance issue resolution provided by accountants to low-income seniors

CPA for Seniors of Rivertown Finance PLLC www.CPAforSeniors.com 616-528-8128

DENTAL SERVICES General dental services and root canal treatment are provided for uninsured older adults.

Exalta Health www.exaltahealth.org 616-475-8446

DENTURE SERVICES Complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health www.cherryhealth.org 616-776-2135
Exalta Health www.exaltahealth.org 616-475-8446

ELDER ABUSE PREVENTION EDUCATION** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition www.protectkentseniors.org 616-456-5664

EMERGENCY NEED FUND Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors

www.seniorneighbors.org

616-459-6019

FAIR HOUSING SERVICES Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

Fair Housing Center of West Michigan

www.fhcwm.org

616-451-2980

FLU/PNEUMONIA/SHINGLES SHOTS (SEASONAL) Flu, pneumonia and shingles vaccines will be available October-December 2018 for older adults, age 60 to 64, who do not qualify for Medicare or Medicaid funded vaccinations.

Catherine's Health Center

www.catherineshc.org

616-336-8800

FORECLOSURE INTERVENTION COUNSELING Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

Home Repair Services

www.homerepairservices.org

616-241-2601

FRIENDLY VISITOR Companionship provided for short intervals to homebound or isolated older adults. Trained volunteers provide visits to participants that focus on conversation and communication and may include activities such as playing games, taking a walk, reading to a client, doing crafts, etc. The goal is to help clients living alone stay connected to their community.

Spectrum Health Visiting Nurse Association

www.spectrumhealth.org/vna

616-486-3956

GRANDPARENT SUPPORT GROUP** Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

*Grand Rapids Community College Older Learner Center
United Methodist Community House*

www.grcc.edu/olc

616-234-3483

www.umchousegr.org

616-241-1645

GUARDIANSHIP Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable adults who don't have family members or friends to assist them.

Kent County Probate Court

616-632-5438

HANDY HELEN CLASSES Home repair and maintenance classes are taught by licensed professionals to senior women and or caregivers.

Home Repair Services

www.homerepairservices.org

616-241-2601

HEALTHY AGING PROGRAMS These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Diabetes PATH.

*Area Agency on Aging of Western Michigan***

www.aaawm.org/classes

616-588-2580

GRCC Older Learner Center

www.grcc.edu/olc

616-234-3483

Salvation Army

www.safultonheights.org/fultonheights/senior-ministry

616-454-1459

Senior Neighbors

www.seniorneighbors.org

616-459-6019

HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS Specialized Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

Disability Advocates of Kent County

www.dakc.us

616-949-1100

HOME CHORE Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, repairing doors, changing leaking faucets, installing smoke and CO detectors, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

Building Bridges Professional Services

www.buildingbridgesgr.com

616-224-7409

Senior Neighbors

www.seniorneighbors.org

616-459-6019

Steepletown

www.steepletown.org

616-451-4215

HOME MODIFICATION ASSESSMENT Occupational Therapist assessment provided in the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services.

Disability Advocates of Kent County

www.dakc.us

616-949-1100

HOME REPAIR Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs.

Home Repair Services

www.homerepairservices.org

616-241-2601

HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

HOUSING COORDINATION Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options.

Senior Neighbors www.seniorneighbors.org 616-459-6019

INDEPENDENT LIVING Assessment, education and recommendations provided by a therapist to determine and implement ways to increase functional independence. This service is provided for individuals and as well as through group education presentations.

Easter Seals Michigan www.EasterSealsMichigan.com 616-942-2081 800-292-2729

INFORMATION AND ASSISTANCE General information and referral is provided through Heart of West Michigan United Way's 211 Hotline, assisting individuals seeking a variety of community-based resources.

Heart of West Michigan United Way www.hwmuw.org/2-1-1 800-887-1107
(In Kent County dial 211)

LEGAL ASSISTANCE Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Hotline for Michigan Seniors www.legalhotlineonline.org 800-347-5297
Legal Aid of Western Michigan www.lawestmi.org 616-774-0672

LONG TERM CARE OMBUDSMAN Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of WM miombudsman@gmail.com 616-245-9451 866-485-9393

MEDICATION MANAGEMENT Managing medications can be difficult, confusing, and extremely important to a person's health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

Elders' Helpers www.eldershelpers.com 616-454-8305

MI CHOICE MEDICAID WAIVER** MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

Area Agency on Aging of Western Michigan www.aaawm.org 616-456-5664 888-456-5664
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP) ** Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP www.mmapinc.org 800-803-7174

NURSING FACILITY TRANSITION** The Nursing Facility Transition Program (NFT) is a Medicaid funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan www.aaawm.org 616-456-5664 888-456-5664
Disability Advocates of Kent County www.dakc.us 616-949-1100
Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

NUTRITION SERVICES:

COMMUNITY FOOD CLUB The Community Food Club of Greater Grand Rapids promotes food security and dignity for low income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club www.communityfoodclubgr.org 616-288-5550

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

Kent County Community Action (Latin American Meals) www.communityactionkent.org 616-632-7976

Salvation Army www.safultonheights.org/fultonheights/senior-ministry 616-454-1459

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org 616-459-3111

FOOD PANTRY A nutritious combination of foods, providing several meals, self-selected from a pantry shelf. Nutrition education is also provided.

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org 616-364-1104

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

Kent County Community Action www.communityactionkent.org 616-632-7976

Meals on Wheels Western Michigan www.mealsonwheelswesternmichigan.org 616-459-3111

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

Kent County Community Action www.communityactionkent.org 616-632-7976

Senior Neighbors www.seniorneighbors.org 616-459-6019

Servicios Latino-Americanos www.communityactionkent.org 616-336-4296

United Methodist Community House www.umchousegr.org 616-241-1645

PERSONAL CARE Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western MI www.aaawm.org 616-456-5664 888-456-5664

Reliance Community Care Partners www.reliancecccp.org 616-956-9440 800-447-3007

PERSONAL EMERGENCY RESPONSE SYSTEM Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders' Helpers

www.eldershelpers.com

616-454-8305

PRESCRIPTION ASSISTANCE PROGRAM Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits.

Senior Neighbors

www.seniorsneighbors.org

616-459-6019

RECREATION THERAPY PROGRAM – STEPPING STONES Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

Life Therapeutic Solutions

www.life-ts.com

616-828-5492 800-925-3152

RESPIRE Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

*Area Agency on Aging of Western MI
Reliance Community Care Partners*

www.aaawm.org

616-456-5664 888-456-5664

www.reliancecccp.org

616-956-9440 800-447-3007

RESPIRE CERTIFICATES** A limited number of respite certificates are available for caregivers age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 45 days of issue.

*Area Agency on Aging of Western MI
Hope Network Behavioral Health*

www.aaawm.org

616-456-5664 888-456-5664

Services Side By Side:

www.hopenetwork.org

616-235-2910

SarahCare Knapp's Corner

www.sarahcare.com/knappscorner

616-364-6800

SarahCare Metro Village

www.sarahcare.com/metrohealth

616-530-6700

Senior Neighbors

www.seniorneighbors.org

616-459-6019

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Provides seniors an opportunity to volunteer their time and experience, and to serve the community.

Senior Neighbors

www.seniorneighbors.org

616-459-6019

SENIOR CENTER ACTIVITIES Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

Salvation Army	www.safultonheights.org/fultonheights/senior-ministry	616-454-1459
Senior Neighbors	www.seniorneighbors.org	616-459-6019
Walker Firehouse Café		616-735-3240
Grandville Senior Neighbors		616-531-5250
Lowell Senior Neighbors		616-897-5949
Grand Rapids Senior Neighbors		616-459-3040
Sparta Senior Neighbors		616-887-1273
St. Alphonsus Catholic Church	www.stalphonsusgr.org/ministries/senior-program	616-913-4419
United Methodist Community House	www.umchousegr.org	616-241-1645
City of Wyoming	www.wyomingmi.gov	616-530-3190

SENIOR COMPANION PROGRAM Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

Senior Neighbors	www.seniorneighbors.org	616-459-6019
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SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM** The Senior Community Service Employment Program (SCSEP) is an employment training program for low income, unemployed individuals, age 55+. Program participants are placed at non-profit community service organizations and government agencies for paid training, and will receive job placement assistance. SCSEP is a grant funded program, overseen by the U.S. Department of Labor Employment and Training Administration.

Area Agency on Aging of Western Michigan	www.aaawm.org	616-456-5664	888-456-5664
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SMART MONEY UNIVERSITY Workshops will equip older adults with information to help identify contractor scams and predatory loan products, provide tools and techniques to help navigate systems related to general household finance and benefit access, and help examine the cost realities of moving to a new setting versus aging in place.

Home Repair Services	www.homerepairservices.org	616-241-2601
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TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling Ridelink at 616-774-1288.

Kent County Community Action	www.communityactionkent.org	616-632-7958
Hope Network Transportation	www.hopenetwork.org	616-243-0876
The Rapid	www.ridetherapid.org	616-774-1288
RideLink	www.aaawm.org/ridelink	616-774-1288
Servicios Latino-Americanos	www.communityactionkent.org	616-632-7950
Senior Neighbors	www.seniorneighbors.org	616-459-6019
United Methodist Community House	www.umchousegr.org	616-241-1645

TRANSPORTATION PUBLIC** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors
City of Wyoming

www.seniorneighbors.org
www.wyomingmi.gov

616-459-6019
616-530-3190

VISION SERVICES – CLINIC The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired www.abvimichigan.org 616-458-1187 800-466-8084
Cherry Health www.cherryhealth.org 616-776-2109

VISION COUNSELING Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. Peer support groups also available.

Association for the Blind and Visually Impaired www.abvimichigan.org 616-458-1187 800-466-8084

WEATHERIZATION Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

Kent County Community Action
Servicios Latino-Americanos

www.communityactionkent.org
www.communityactionkent.org

616-632-7958
616-632-7949



For more information please contact:

Area Agency on Aging of Western Michigan
616-456-5664 or 888-456-5664
616-456-5692
www.aaawm.org
[www.Facebook.com/AreaAgencyOnAging](https://www.facebook.com/AreaAgencyOnAging)

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services.



The Source for Seniors

