

# Kent County Senior Millage

## 2010 SERVICES

**Adult Day Services:** Structured daytime program of social and rehabilitative services for functionally impaired seniors. Bathing and Personal Care services are provided to individuals attending the adult day services program.

*CareTree Adult Day Services* 616-464-3665  
[www.gerontologynetwork.org/adultdayservices.asp](http://www.gerontologynetwork.org/adultdayservices.asp)

*Side by Side Adult Day* 616-235-2910  
<http://www.hopenetwork.org/Behavioral-Health/Specialized-Care/Adult-Day-Services.aspx>

*SarahCare Adult Day Center* 616-530-6700  
[www.sarahcare.com](http://www.sarahcare.com)

**Bathing Services:** Provision of an on-site personal care program which provides assistance with bathing, hair care and nail care.

*CareTree Adult Day Services* 616-464-3665  
[www.gerontologynetwork.org/adultdayservices.asp](http://www.gerontologynetwork.org/adultdayservices.asp)

*SarahCare Adult Day Center* 616-530-6700  
[www.sarahcare.com](http://www.sarahcare.com)

**Care Management:** Comprehensive assessment for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 888-456-5664

*HHS Health Options* 616-956-9440  
800-447-3007  
[www.hhs-inc.com/senior\\_care.htm](http://www.hhs-inc.com/senior_care.htm)

**Congregate Meals:** Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, cards, crafts, bingo, games, health screenings and nutrition education.

*Salvation Army* 616-454-1459 ext 1503

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Denture Services:** Complete or partial dentures for uninsured older adults. Several dental visits may be necessary for denture preparation, (removing of teeth and gum preparation).

*Cherry Street Health Services* 616-235-7289  
[www.cherryhealth.com](http://www.cherryhealth.com)

**Emergency Need Fund:** Limited emergency assistance for one-time events such as utility shut-offs and emergency prescription assistance.

*Senior Neighbors* 616-459-6019  
[http://www.seniorneighbors.org/index.php?option=com\\_content&task=view&id=58&Itemid=132](http://www.seniorneighbors.org/index.php?option=com_content&task=view&id=58&Itemid=132)

**Fair Housing Services:** Older adult education, outreach, counseling, reasonable accommodation assessments, testing and enforcement services related to Federal, State and Local Fair Housing Laws and Ordinances.

*Fair Housing Center of West Michigan* 616-451-2980  
[www.fhccwm.org](http://www.fhccwm.org)

### Flu/Pneumonia Shots (seasonal):

Flu and pneumonia vaccines will be available October-December 2010 through the Kent County Senior Millage for older adults age 60 to 64 who do not qualify for Medicare or Medicaid funded vaccinations.

*Angel Care* 616-245-8899  
<http://angelcarehomecare.com>

*Catherine's Health Center* 616-336-8800  
<http://catherineshc.org>

**Food Pantry:** A nutritious combination of foods, providing several meals self-selected by an individual from a "Pantry Shelf." Pantry foods can also be delivered to homebound individuals. Nutrition education is also provided regularly.

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Foreclosure Intervention Counseling:** Home foreclosure counseling and intervention services. This process includes a full assessment of the mortgage delinquency and options available to the homeowner to prevent the loss of their home.

*Home Repair Services* 616-241-2601  
[www.homerepairservices.org](http://www.homerepairservices.org)

**Friendly Visitor:** Companionship provided for short intervals to homebound or isolated older adults. Volunteers are trained to provide visits for social needs of the participant.

*Spectrum Health Visiting Nurse Association*  
[www.vnaa.org](http://www.vnaa.org) 616-486-3900

**Guardianship:** Professional guardians appointed by the Kent County courts to manage finances and/or other daily living services for vulnerable individuals who do not have family members or friends to assist them.

*Kent County Dept of Human Services* 616-248-1388  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**Health Education:** Programs designed to be an effective tool in improving the health of older adults. Programs now being offered include: Fitness Club, Strength and Stretch, Water Aerobics, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise Program, and PATH.

*ACSET – Latin American Services* 616-336-4018  
[www.acset.org](http://www.acset.org)

*GRCC Older Learner Center* 616-234-3483  
[www.grcc.edu/olc](http://www.grcc.edu/olc)

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*Servicios Latino-Americanos* 616-336-4018  
[www.acset.org](http://www.acset.org)

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

### **Hearing Services/Adaptive Equipment:**

Specialized Hearing Services for those who are hard of hearing, experiencing deafness in later years, and deaf persons. The services include: hearing loss rehabilitation for activities of daily living, group education on adjustment to hearing loss, and lip reading classes. Assistance is provided in finding devices, equipment and other resources to adjust to hearing loss. A limited number of hearing aids are also available for those most in need.

*Deaf and Hard of Hearing Services* 616-732-7358  
[www.deafhhs.org](http://www.deafhhs.org)

### **Home Modification Assessment and Equipment for Adaptive Needs:**

Assessment of home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services. Limited funding is also available for adaptive equipment purchase.

*Disability Advocates of Kent County* 616-949-1100  
[www.dakc.us](http://www.dakc.us)

**Home Chore:** Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, minor yard work, replacing fuses and door locks.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Home Delivered Meals:** Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, liquid meals, and pureed meals for example. An educational newsletter is provided monthly.

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Home Financial Services:** Supporting seniors in maintaining their independence with good financial information and options. The service addresses increasingly complex financial issues faced by seniors today.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Home Repair:** Providing major and minor home repairs, such as roof replacement, furnace replacement and ramp construction for wheelchair access. Home modifications related to disability restrictions will first be assessed by Disability Advocates of Kent County. Home Repair Consultation provides service for critical repairs to individuals who are not eligible for the major and minor home repair programs.

*Home Repair Services* 616-241-2601  
[www.homerepairservices.org](http://www.homerepairservices.org)

**Homemaker:** Provides routine household tasks like laundry, shopping and cleaning for older individuals with functional limitations.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) 800-447-3007

**Information and Assistance:** General information and referral provided through Heart of West Michigan United Way's 211 Hotline, assists individuals who are seeking a variety of community-based resources.

*Heart of West Michigan United Way* 616-459-2255  
[www.211.org](http://www.211.org) (In Kent County simply dial 2-1-1)

**Legal Assistance:** Provision of legal advice, counseling, and representation by an attorney to low-income older adults.

*Legal Aid of Western Michigan* 616-774-0672  
[www.legalaidwestmich.org](http://www.legalaidwestmich.org) 800-442-2777

*Legal Hotline for Michigan Seniors* 800-347-5297  
[http://elderlawofmi.org/legal\\_hotline/index.html](http://elderlawofmi.org/legal_hotline/index.html)

**Long Term Care Ombudsman:** Assists residents and prospective residents of long-term care facilities in understanding their rights and resolving complaints to improve care.

*Citizens for Better Care* 616-245-9451  
[www.cbcmi.org](http://www.cbcmi.org) 800-782-2918

**Medication Management:** Managing medications can be difficult, confusing, and extremely important to a person's health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

*Elders' Helpers* 616-454-8305  
[www.eldershelpers.com](http://www.eldershelpers.com)

**Occupational Therapy - Independent Living Program:** Assessment, education and recommendations provided by an occupational therapist to determine and implement ways to increase functional independence. This service is provided for individuals and also through group education presentations.

*Easter Seals* 616-942-2081  
[mi.easterseals.com](http://mi.easterseals.com) 800-292-2729

**Outreach and Assistance:** Help to identify the services that best meet needs. Includes assistance with housing, utilities, meals, prescriptions and Medicaid.

*ACSET – Latin American Services* 616-336-4018  
[www.acset.org](http://www.acset.org)

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

*Native American Family Services* 616-451-6767

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*Servicios Latino-Americanos* 616-336-4018  
[www.acset.org](http://www.acset.org)

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Personal Care:** Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) or 800-447-3007

**Personal Emergency Response System:** Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

**Prescription Assistance Program:** Information and assistance obtaining prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits. Kent Health Plan – Medication Assistance Program will be available to low-income individuals, age 60-64 years who are not eligible for other programs.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Project Fresh (seasonal):** Coupons for low-income older adults to purchase Michigan grown fresh fruits and vegetables which may be redeemed at participating farmer's markets. Nutrition education is provided regularly. This program operates during the growing season. (June thru September)

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

### **Recreation Therapy Program - Stepping**

**Stones:** Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

*City of Wyoming* 616-530-3190  
[www.ci.wyoming.mi.us](http://www.ci.wyoming.mi.us) (Referrals 616-257-9801)

**Respite:** Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. *Respite services are also provided at Kent County Senior Millage funded Adult Day services providers.*

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 1-888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) 800-447-3007

### **Retired Senior Volunteer Program (RSVP):**

Provides seniors an opportunity to volunteer their time and serve the community, as well as to maintain their skills and feelings of usefulness.

*Senior Neighbors* 616-459-9509  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Senior Center Activities:** Senior Centers offer a variety of programs specific to the needs of seniors. Staff connects older adults to available services, help identify unmet needs and encourage participation in nutrition and wellness programs. Please call for specific programs/times.

*Baxter Community Center* 616-456-8593  
[www.baxtercommunitycenter.org](http://www.baxtercommunitycenter.org)

*Senior Neighbors* 616-459-9509  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*Walker Firehouse Café* 616-735-3540  
Email: [walkercenter@seniorneighbors.org](mailto:walkercenter@seniorneighbors.org)

*Grandville Senior Neighbors* 616-531-5250  
Email: [grandvillecenter@seniorneighbors.org](mailto:grandvillecenter@seniorneighbors.org)

*Lowell Senior Neighbors* 616-897-5949  
Email: [lowellcenter@seniorneighbors.org](mailto:lowellcenter@seniorneighbors.org)

*Downtown Senior Neighbors* 616-459-3040  
Email: [downtowncenter@seniorneighbors.org](mailto:downtowncenter@seniorneighbors.org)

*Sparta Senior Neighbors* 616-887-1273  
Email: [spartacenter@seniorneighbors.org](mailto:spartacenter@seniorneighbors.org)

**Senior Companion Program:** Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or with mental and/or physical disabilities.

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

**Transportation-Assisted:** Providing an assisted or escorted ride to adult day service programs, meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling the provider directly or Ridelink.

*ACSET – Latin American Services* 616-336-4018  
[www.acset.org](http://www.acset.org)

*American Red Cross - Greater GR* 616-456-8661  
<http://greatergrandrapids.redcross.org> 800-482-2411

*Hope Network Transportation* 616-301-8000  
*transporting Adult Day Services and RideLink clients*  
[www.hopenetwork.org](http://www.hopenetwork.org)

*Native American Family Services* 616-451-6767

*RideLink* 866-425-3848  
<http://ridelinkkent.org>

## Transportation-Assisted continued

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Transportation-Public:** One-way ticket(s) for the line-haul regular bus system or Go-Bus system.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Vision Services - Clinic:** The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

*Association for the Blind and Visually Impaired*  
616-458-1187  
[www.abvimichigan.org](http://www.abvimichigan.org) 800-466-8084

*Cherry Street Health Services* 616-235-7272  
[www.cherryhealth.com](http://www.cherryhealth.com)

**Vision Counseling:** Professional counseling services for older adults experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. For concerns associated with vision loss, ABVI services could be part of a peer support group environment.

*Association for the Blind and Visually Impaired*  
616-458-1187  
[www.abvimichigan.org](http://www.abvimichigan.org) 800-466-8084

**Weatherization:** Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

*ACSET* 616-336-4023  
[www.acset.org](http://www.acset.org)

*Servicios Latino-Americanos* 616-336-4018  
[www.acset.org](http://www.acset.org)

Area Agency on Aging of Western Michigan administers the Kent County Senior Millage.

Phone: 616.456.5664 888-456-5664  
Fax: 616.456.5692 [www.aaawm.org](http://www.aaawm.org)



*The purpose of the Area Agency on Aging of Western Michigan is to provide older persons, including those in the greatest social and economic need, with an array of human services designed to maintain independence and dignity in their homes and communities.*

*The Source for Seniors*

*Kent County*  
*Senior Millage*