



THERE'S NO PLACE LIKE  
*home.*



## 2017 Kent County Senior Services

Listed in this directory are a wide variety of services available to Kent County seniors to help them stay in their home. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the Kent County Senior Millage (KCSM). Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs. For general information on senior services, contact AAAM at 616-456-5664 or 800-456-5664.

**ADULT DAY SERVICES** Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

<i>Hope Network Behavioral Health Services Side By Side:</i>	<a href="http://www.hopenetwork.org">www.hopenetwork.org</a>	616-235-2910
<i>SarahCare Knapp's Corner</i>	<a href="http://www.sarahcare.com/metrohealthvillage">www.sarahcare.com/metrohealthvillage</a>	616-364-6800
<i>SarahCare Metro Village</i>	<a href="http://www.sarahcare.com/metrohealthvillage">www.sarahcare.com/metrohealthvillage</a>	616-530-6700

**AGING IN PLACE, TRAINING AND SUPPORT** Classes are taught by Occupational Therapists and OT Assistants including: Preparing for Surgery, Safety-at-Home, Tools You Can Use, Taking Care of You, and Independent Living skills.

<i>Disability Advocates of Kent County</i>	<a href="http://www.dakc.us">www.dakc.us</a>	616-949-1100
--	--	--------------

**BATHING SERVICES** Provision of on-site shower or bathing services to ensure safety and dignity.

<i>SarahCare Adult Day Knapp's Corner</i>	<a href="http://www.sarahcare.com/metrohealthvillage">www.sarahcare.com/metrohealthvillage</a>	616-364-6800
<i>SarahCare Adult Day Metro</i>	<a href="http://www.sarahcare.com/metrohealthvillage">www.sarahcare.com/metrohealthvillage</a>	616-530-6700

**CARE MANAGEMENT** Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI [www.aaawm.org](http://www.aaawm.org) 616-456-5664 or 888-456-5664  
Reliance Community Care Partners [www.reliancecccp.org](http://www.reliancecccp.org) 616-956-9440 or 800-447-3007

**CAREGIVER SUPPORT\*\*** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

Alzheimer's Association (Classes/Support Groups) [www.alz.org/gmc/](http://www.alz.org/gmc/) 616-459-4558  
Caregiver Resource Network [www.caregiverresource.net](http://www.caregiverresource.net) 616-456-5664  
Disability Advocates of Kent County [www.dakc.us](http://www.dakc.us) 616-949-1100  
Easter Seals of Michigan Inc. [www.easterseals.com/michigan/](http://www.easterseals.com/michigan/) 616-942-2081  
Family Caregiver University [www.caregiverresource.net](http://www.caregiverresource.net) 616-456-5664  
Right at Home (Parkinson's Disease Support Group) [www.rightathome.net/grand-rapids](http://www.rightathome.net/grand-rapids) 616-301-8080

**CHOICES FOR INDEPENDENCE\*\*** An in-home social work assessment helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan [www.aaawm.org](http://www.aaawm.org) 616-456-5664 888-456-5664

**COMMUNITY FOOD CLUB** The Community Food Club of Greater Grand Rapids promotes food security and dignity for low income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club [www.communityfoodclubgr.org](http://www.communityfoodclubgr.org) 616-288-5550

**CONGREGATE MEALS** Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

ACSET – Latin American Services [www.communityactionkent.org](http://www.communityactionkent.org) 616-336-2035  
Salvation Army [www.safultonheights.org/fultonheights/senior-ministry](http://www.safultonheights.org/fultonheights/senior-ministry) 616-454-1459  
Meals on Wheels Western Michigan [www.mealsonwheelswesternmichigan.org](http://www.mealsonwheelswesternmichigan.org) 616-459-3111

**DENTAL SERVICES** General dental services and root canal treatment are provide for uninsured older adults.

Exalta Health [www.exaltahealth.org](http://www.exaltahealth.org) 616-475-8446

**DENTURE SERVICES** Complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health  
Exalta Health

[www.cherryhealth.org](http://www.cherryhealth.org)  
[www.exaltahealth.org](http://www.exaltahealth.org)

616-776-2107  
616-475-8446

**ELDER ABUSE PREVENTION EDUCATION\*\*** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition

[www.protectkentseniors.org](http://www.protectkentseniors.org)

616-456-5664

**EMERGENCY NEED FUND** Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors

[www.seniorneighbors.org](http://www.seniorneighbors.org)

616-459-6019

**FAIR HOUSING SERVICES** Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

Fair Housing Center of West Michigan [www.fhccwm.org](http://www.fhccwm.org)

616-451-2980

**FLU/PNEUMONIA SHOTS (SEASONAL)** Flu, pneumonia and shingles vaccines will be available October-December 2017 for older adults, age 60 to 64 who do not qualify for Medicare or Medicaid funded vaccinations.

Catherine's Health Center

[www.catherineshc.org](http://www.catherineshc.org)

616-336-8800

**FOOD PANTRY** A nutritious combination of foods, providing several meals self-selected from a "Pantry Shelf." Nutrition education is also provided.

Meals on Wheels Western Michigan

[www.mealsonwheelswesternmichigan.org](http://www.mealsonwheelswesternmichigan.org)

616-364-1104

**FORECLOSURE INTERVENTION COUNSELING** Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

Home Repair Services

[www.homerepairservices.org](http://www.homerepairservices.org)

616-241-2601

**FRIENDLY VISITOR** Companionship provided for short intervals to homebound or isolated older adults. Trained volunteers provide visits to participants that focus on conversation and communication and may include activities such as playing games, taking a walk, reading to a client, doing crafts, etc. The goal is to help clients living alone stay connected to their community.

*Spectrum Health Visiting Nurse Association* [www.spectrumhealth.org/vna](http://www.spectrumhealth.org/vna)

616-486-3956

**GRANDPARENT SUPPORT GROUP\*\*** Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

*Grand Rapids Community College Older Learner Center*  
*United Methodist Community House*

[www.grcc.edu/olc](http://www.grcc.edu/olc)

616-234-3483

[www.umchousegr.org](http://www.umchousegr.org)

616-241-1645

**GUARDIANSHIP** Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable persons who don't have family members or friends to assist them.

*Kent County Probate Court*

616-632-5438

**HANDY HELEN CLASSES** Home repair and maintenance classes are taught by licensed professionals to senior women and or caregivers.

*Home Repair Services*

[www.homerepairservices.org](http://www.homerepairservices.org)

616-241-2601

**HEALTHY AGING PROGRAMS** These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Diabetes PATH.

*Area Agency on Aging of Western Michigan\*\**

[www.aaawm.org/classes](http://www.aaawm.org/classes)

616-456-5664

*GRCC Older Learner Center*

[www.grcc.edu/olc](http://www.grcc.edu/olc)

616-234-3483

*Salvation Army*

[www.safultonheights.org/fultonheights/senior-ministry](http://www.safultonheights.org/fultonheights/senior-ministry)

616-454-1459

*Senior Neighbors*

[www.seniorneighbors.org](http://www.seniorneighbors.org)

616-459-6019

**HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS** Specialized Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

*Disability Advocates of Kent County*

[www.dakc.us](http://www.dakc.us)

616-949-1100

**HOME CHORE** Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

<i>Building Bridges Professional Services</i>	<a href="http://www.buildingbridgesgr.com">www.buildingbridgesgr.com</a>	616-224-7409
<i>Senior Neighbors</i>	<a href="http://www.seniorneighbors.org">www.seniorneighbors.org</a>	616-459-6019
<i>Steepletown</i>	<a href="http://www.steepletown.org">www.steepletown.org</a>	616-451-4215

**HOME DELIVERED MEALS** Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

<i>ACSET – Latin American Services</i>	<a href="http://www.communityactionkent.org">www.communityactionkent.org</a>	616-336-2035
<i>Meals on Wheels Western Michigan</i>	<a href="http://www.mealsonwheelswesternmichigan.org">www.mealsonwheelswesternmichigan.org</a>	616-459-3111

**HOME MODIFICATION ASSESSMENT AND EQUIPMENT FOR ADAPTIVE NEEDS**

Assessment provided of the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services. Limited funding is also available for adaptive equipment purchase.

<i>Disability Advocates of Kent County</i>	<a href="http://www.dakc.us">www.dakc.us</a>	616-949-1100
--	--	--------------

**HOME REPAIR** Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs.

<i>Home Repair Services</i>	<a href="http://www.homerepairservices.org">www.homerepairservices.org</a>	616-241-2601
-----------------------------	--	--------------

**HOME SUPPORT** Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

<i>Area Agency on Aging of Western MI</i>	<a href="http://www.aaawm.org">www.aaawm.org</a>	616-456-5664 888-456-5664
<i>Reliance Community Care Partners</i>	<a href="http://www.reliancecccp.org">www.reliancecccp.org</a>	616-956-9440 800-447-3007

**HOUSING COORDINATION** Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options.

<i>Senior Neighbors</i>	<a href="http://www.seniorneighbors.org">www.seniorneighbors.org</a>	616-459-6019
-------------------------	--	--------------

**INDEPENDENT LIVING** Assessment, education and recommendations provided by our therapist to determine and implement ways to increase functional independence. This service is provided for individuals and as well as through group education presentations.

Easter Seals

[www.EasterSealsMichigan.com](http://www.EasterSealsMichigan.com)

616-942-2081 800-292-2729

**INFORMATION AND ASSISTANCE** General information and referral is provided through Heart of West Michigan United Way's 211 Hotline, assisting individuals seeking a variety of community-based resources.

Heart of West Michigan United Way [www.hwmuw.org/2-1-1](http://www.hwmuw.org/2-1-1) 800-887-1107 (In Kent County dial 211)

**LEGAL ASSISTANCE** Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Aid of Western Michigan

[www.legalaidwestmich.org](http://www.legalaidwestmich.org)

616-774-0672 800-442-2777

Legal Hotline for Michigan Seniors

[www.elderlawofmi.org](http://www.elderlawofmi.org)

800-347-5297

**LONG TERM CARE OMBUDSMAN** Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of WM

[miombudsman@gmail.com](mailto:miombudsman@gmail.com)

616-245-9451 866-485-9393

**MEDICATION MANAGEMENT** Managing medications can be difficult, confusing, and extremely important to a person's health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

Elders' Helpers

[www.eldershelpers.com](http://www.eldershelpers.com)

616-454-8305

**MI CHOICE MEDICAID WAIVER\*\*** MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

Area Agency on Aging of Western Michigan

[www.aaawm.org](http://www.aaawm.org)

616-456-5664 888-456-5664

Reliance Community Care Partners

[www.reliancecccp.org](http://www.reliancecccp.org)

616-956-9440 800-447-3007



**MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP) \*\*** Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP

[www.mmapinc.org](http://www.mmapinc.org)

1-800-803-7174

**NURSING FACILITY TRANSITION\*\*** The Nursing Facility Transition Program (NFT) is a Medicaid funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan  
Disability Advocates of Kent County  
Reliance Community Care Partners

[www.aaawm.org](http://www.aaawm.org)

[www.dakc.us](http://www.dakc.us)

[www.reliancecccp.org](http://www.reliancecccp.org)

616-456-5664 888-456-5664  
616-949-1100  
616-956-9440 800-447-3007

**OUTREACH & ASSISTANCE** Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

ACSET – Latin American Services  
Family Outreach Center/Native American Community Services\*\*  
Senior Neighbors  
Servicios Latino-Americanos  
United Methodist Community House

[www.communityactionkent.org](http://www.communityactionkent.org)

<http://bit.ly/1LtNdv9>

[www.seniorneighbors.org](http://www.seniorneighbors.org)

[www.communityactionkent.org](http://www.communityactionkent.org)

[www.umchousegr.org](http://www.umchousegr.org)

616-336-4018  
616-451-6767  
616-459-6019  
616-336-4296  
616-241-1645

**PERSONAL CARE** Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western MI  
Reliance Community Care Partners

[www.aaawm.org](http://www.aaawm.org)

[www.reliancecccp.org](http://www.reliancecccp.org)

616-456-5664 888-456-5664  
616-956-9440 800-447-3007

**PERSONAL EMERGENCY RESPONSE SYSTEM** Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders' Helpers

[www.eldershelpers.com](http://www.eldershelpers.com)

616-454-8305

**PRESCRIPTION ASSISTANCE PROGRAM** Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits.

Senior Neighbors

[www.seniorsneighbors.org](http://www.seniorsneighbors.org)

616-459-6019

**RECREATION THERAPY PROGRAM – STEPPING STONES** Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

*Life Therapeutic Solutions, Inc.*                      [www.life-ts.com](http://www.life-ts.com)                      616-828-5492 800-925-3152

**RESPIRE** Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

*Area Agency on Aging of Western MI*                      [www.aaawm.org](http://www.aaawm.org)                      616-456-5664 888-456-5664  
*Reliance Community Care Partners*                      [www.reliancecccp.org](http://www.reliancecccp.org)                      616-956-9440 800-447-3007

**RESPIRE CERTIFICATES\*\*** A limited number of respite certificates are available for caregivers who either age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 45 days of issue.

*Area Agency on Aging of Western MI*                      [www.aaawm.org](http://www.aaawm.org)                      616-456-5664 888-456-5664  
*Hope Network Behavioral Health Services Side By Side:* [www.hopenetwork.org](http://www.hopenetwork.org)                      616-235-2910  
*SarahCare Knapp’s Corner*                      [www.sarahcare.com/metrohealthvillage](http://www.sarahcare.com/metrohealthvillage)                      616-364-6800  
*SarahCare Metro Village*                      [www.sarahcare.com/metrohealthvillage](http://www.sarahcare.com/metrohealthvillage)                      616-530-6700  
*Senior Neighbors*                      [www.seniorneighbors.org](http://www.seniorneighbors.org)                      616-459-6019

**RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)** Provides seniors an opportunity to volunteer their time and experience, and to serve the community.

*Senior Neighbors*                      [www.seniorneighbors.org](http://www.seniorneighbors.org)                      616-459-6019

**SENIOR CENTER ACTIVITIES** Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

*Salvation Army*                      <http://safultonheights.org/fultonheights/senior-ministry>                      616-454-1459  
*Senior Neighbors*                      [www.seniorneighbors.org](http://www.seniorneighbors.org)                      616-459-6019  
*Walker Firehouse Café*                      616-735-3240  
*Grandville Senior Neighbors*                      616-531-5250  
*Lowell Senior Neighbors*                      616-897-5949  
*Downtown Senior Neighbors*                      616-459-3040  
*Sparta Senior Neighbors*                      616-887-1273  
*United Methodist Community House*                      [www.umchousegr.org](http://www.umchousegr.org)                      616-241-1645



**SENIOR COMPANION PROGRAM** Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

Senior Neighbors

[www.seniorneighbors.org](http://www.seniorneighbors.org)

616-459-6019

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM\*\*** The Senior Community Service Employment Program (SCSEP) is an employment training program for low income, unemployed individuals, age 55+. Program participants are placed at non-profit community service organizations and government agencies for paid training, and will receive job placement assistance. SCSEP is a grant funded program, overseen by the U.S. Department of Labor Employment and Training Administration.

Area Agency on Aging of Western Michigan

[www.aaawm.org](http://www.aaawm.org)

616-456-5664 888-456-5664

**TRANSPORTATION - ASSISTED** Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling Ridelink at 616-774-1288.

ACSET – Latin American Services  
American Red Cross - Greater GR  
Hope Network Transportation  
The Rapid  
RideLink  
Servicios Latino-Americanos  
Senior Neighbors, Inc.  
United Methodist Community House

[www.communityactionkent.org](http://www.communityactionkent.org)  
[www.redcross.org/mi/grand-rapid](http://www.redcross.org/mi/grand-rapid)  
[www.hopenetwork.org](http://www.hopenetwork.org)  
[www.ridetherapid.org](http://www.ridetherapid.org)  
[www.aaawm.org/ridelink](http://www.aaawm.org/ridelink)  
[www.communityactionkent.org](http://www.communityactionkent.org)  
[www.seniorneighbors.org](http://www.seniorneighbors.org)  
[www.umchousegr.org](http://www.umchousegr.org)

616-336-4186  
616-454-7433  
616-243-0876  
616-774-1288  
616-774-1288  
616-336-4186  
616-459-6019  
616-241-1645

**TRANSPORTATION PUBLIC\*\*** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors  
City of Wyoming

[www.seniorneighbors.org](http://www.seniorneighbors.org)  
<http://bit.ly/20E961M>

616-459-6019  
616-530-3190

**VISION SERVICES – CLINIC** The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired  
Cherry Health

[www.abvimichigan.org](http://www.abvimichigan.org)  
[www.cherryhealth.org](http://www.cherryhealth.org)

616-458-1187 800-466-8084  
616-776-2109

**VISION COUNSELING** Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. Peer support groups also available.

Association for the Blind and Visually Impaired [www.abvimichigan.org](http://www.abvimichigan.org) 616-458-1187 800-466-8084

**WEATHERIZATION** Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

ACSET

Servicios Latino-Americanos

[www.communityactionkent.org](http://www.communityactionkent.org)

[www.communityactionkent.org](http://www.communityactionkent.org)

616-336-2228

616-336-4023

THERE'S NO PLACE LIKE  
*home.*

For more information please contact:

Area Agency on Aging of Western Michigan

616.456.5664 or 888.456.5664

616.456.5692

[www.aaawm.org](http://www.aaawm.org)

[www.Facebook.com/AreaAgencyOnAging](https://www.facebook.com/AreaAgencyOnAging)

*The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services*



*The Source for Seniors*

*Kent County  
Senior Millage*