

STRONG

From the Executive Director

2007 was a tough year for Michigan as a sluggish economy and continued job loss caused what many called a single state recession. However, despite hard economic times, older adult services continued to reach a record number of seniors throughout nine counties with much needed services.

Highlights of 2007:

- **Michigan Medicare/Medicaid Assistance Program (MMAP)** began a new focus on rural counties in terms of support and outreach, which helps strengthen individuals and communities.
- **Healthy Aging Initiatives** added more locations and instructors for evidence-based health promotion programs throughout the region, keeping older adults healthy and active.
- **MI Choice Waiver** saw significant increases in funding due to outstanding advocacy efforts, supporting individuals as they age in their own homes.

I am hopeful that 2008 will bring additional services and resources to those we serve. As the face of aging begins to change we will continue to be a catalyst in our region for strong, healthy and supportive communities working together.



Tom Czerwinski, Executive Director

"I'm so thankful to have help with my physical needs. I would likely go to a nursing home if I did not have this help."
-current AAAM client

Michigan Medicare/Medicaid Assistance Program (MMAP)

In FY 2007, counselors and volunteers met with 2,132 individuals throughout the region and helped older adults save over \$664,720 in medical costs.

A new focus on rural counties and populations was implemented which included training new volunteers throughout the region. Grant funds helped spur outreach to low-income seniors in Montcalm and Osceola counties.

Healthy Aging Initiatives

In FY 2007 more locations were added for P.A.T.H. (Personal Action Toward Health) Chronic Disease Self-management program, A Matter of Balance falls prevention and EnhanceFitness, multi component exercise classes. All classes are evidence-based which means the classes have proven to be effective and produce positive results.

Additional facilitators were trained in all three programs and efforts are in place to increase awareness and participation.

MI Choice Waiver

A total of 595 individuals were served in FY 2007 under the MI Choice Waiver program; providing in-home services to those needing long term care.

The Nursing Facility Transition (NFT) program moved over 50 individuals from a nursing home into their own home or apartment.

Care Managers moved to a paperless assessment process with the incorporation of the PICK (Portable Information Collection Kit) software. Assessment, case notes and care plan information is now gathered electronically utilizing laptops.

FY 2007 Older Americans Act

Type of Service	Clients	Units
Adult Day Care	129	33,214
Care Management	354	2,744
Caregiver Education Training and Support	451	1,854
Congregate Meals	4,109	182,871
Counseling	312	492
Disease Prevention/Health Promotion	158	61
Elder Abuse Prevention Education	908	311
Home Delivered Meals	4,323	783,163
Home Support	87	55
Homemaker	1,055	35,728
Homemaker Respite	106	3,095
Information and Assistance	---	16,464
Legal Assistance	210	668
Long Term Care Ombudsman	2285	1,354
Medication Management	47	1,390
Outreach and Assistance	7,185	8,313
Personal Care	182	13,166
Respite	258	26,381
Senior Center Staffing	---	8,324
Transportation-Assisted	793	16,026
Transportation-Public	388	13,608

Older Americans Act

In FY 2007, a new transportation provider was added in Newaygo County to meet growing needs. Efficiency also increased in Kent County's transportation system.

"We are very thankful for the help. My husband is overwhelmed taking care of me, so it is nice to have the extra assistance."
-current AAAM client

HEALTHY

FY 2007 Revenues

Foundation Grants	\$	5,937
Program Income		25,562
Interest Income		1,744
Local Match		206,297
Title V Employment Program		313,943
Nutrition Services Incentive Program		591,934
State of Michigan		3,614,714
Federal Administration on Aging		3,366,819
Medicaid Waiver		6,667,957
Kent County Senior Millage		5,498,395
Total	\$	20,293,302



FY 2007 Expenditures

Program Development	\$	165,559
Care Management		2,285,485
Administration		1,110,735
Employment Services		282,120
Carried over to FY 2008		73,561
In-Home Services		1,269,505
Supportive Services		1,098,940
Congregate Meals		731,652
Home Delivered Meals		2,252,843
Medicaid Waiver Services		5,346,130
Kent County Senior Millage Services		4,768,405
Single Point of Entry		908,327
Total	\$	20,293,302

SUPPORTIVE

Thank you to the following groups who help the Area Agency on Aging of Western Michigan (AAAWM) fulfill its mission throughout the region.

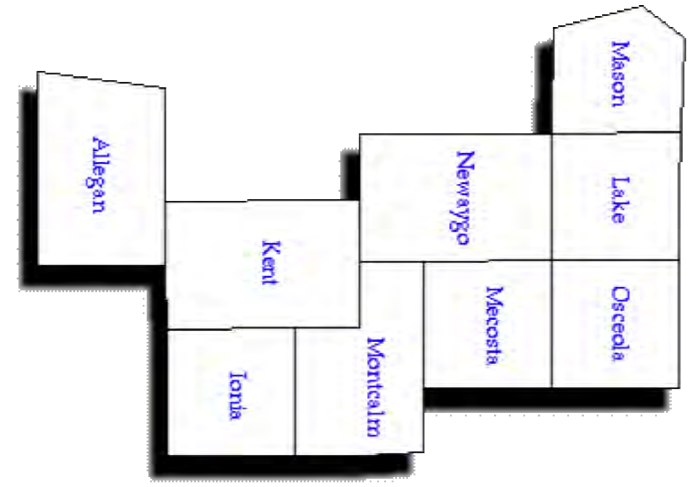
AAAWM Advisory Council

Allegan County Ionia County Judith Kalmanek Norma Kilpatrick Ojars Smits	Newaygo County Adele Hansen Marilyn Snell
Kent County Com. Marv Hiddema F. Robert Deane, M.D.	Osceola County Mary Lou Proefrock
Lake County Com. James Clark	City of Grand Rapids Rev. Kenneth W. Hoskins Keith D. Vandercook
Mason County Fran Nash Robert Sundholm, Chairperson	Emeritus Louise Thomas
Mecosta County Dorothy Birtles Louise Christiansen	Advocates for Senior Issues Arlene Ward
Montcalm County Florence Hill* Ralph Harrington	Grand Valley State University Priscilla Kimboko
<i>*denotes former member</i>	Michigan Peer Review Organization Kristy Wietholter
	Michigan Department of Military and Veterans Affairs Jack Devine

"I can't thank you enough for the help the agency is giving me. I have an incurable disease and since AAWM came into my life, things are a little brighter for me. Keep up the good work! Thank you!"
-current AAWM client

AAAWM Board of Directors

Allegan County Com. Max Thiele* Com. Don Black Eleanor Nielsen, Chairperson	Mecosta County Com. William Routley Art Adleman, Secretary
Ionia County Com. Larry Tiejema Robert Reynolds	Montcalm County Com. John Johansen Carl Gruno, Vice Chair
Kent County Com. Harold Mast, Treasurer Al Page, Member-at-Large	Newaygo County Com. Daniel Powell Jean A. Crabtree
Lake County Com. Mary Lemm Marilyn Burns	Osceola County Com. Lawrence Emig Dianne Phelps*
Mason County Com. Bob Erickson Hal Madden	City of Grand Rapids Com. James B. White Esther Van Hammen
	<i>* denotes former member</i>



AAAWM service area

Established in April 1974, the Area Agency on Aging of Western Michigan (AAAWM) exists to help older adults and persons with disabilities live in their community with independence and dignity.

**A R E A
AGENCY
ON AGING
OF WESTERN
MICHIGAN**
The Source for Seniors
1279 Cedar NE
Grand Rapids, MI 49503
www.aaawm.org
1-888-456-5664

name and address

Strong, Healthy, and Supportive Communities Working Together

2007 Annual Report



The Source for Seniors